

# OSHA 10-Hour General Industry Training Course

**MEMBER  
\$150**

**NON-MEMBER  
\$250**

**November 13-14, 2024**

Residence Inn Marriott  
315 W. Main Street • Charlottesville, VA 22903

**Wednesday, November 13 • 10:00 am - 5:00 pm  
(lunch included)**

**Thursday, November 14 • 8:00 am - 12:00 pm**

Occupational Safety and Health Administration  
A 10-hour introduction to workplace safety topics  
in General Industry.

(For plant management, supervisors, new safety  
personnel, human resource managers, etc.)

Refresher courses recommended  
every 3-5 years

Overnight rooms are available at the  
Residence Inn for \$169/night plus taxes.  
Please contact Christina Sandridge after  
registering to reserve a room.

## COURSE WILL COVER:

- ✓ Health and Safety Hazards
- ✓ Filing OSHA Complaints
- ✓ Workplace Risks
- ✓ Employee Rights
- ✓ Employer Obligations
- ✓ Addresses the Standards for Construction Work

**REGISTER HERE**

After completion, attendees will receive an  
OSHA 10 Department of Labor card.