



2025 ANNUAL CONFERENCE

AT-A-GLANCE MARCH 26-29, 2025

HILTON NORFOLK THE MAIN

WEDNESDAY, MARCH 26

- 11:00 AM - 5:00 PM REGISTRATION DESK OPEN
- 12:30 PM - 4:30 PM PRE-CONFERENCE WORKSHOPS
- Advanced Suturing**
Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP
Description TBD
Pharmacology/non-pharmacology credits TBD
- IUD insertion in the Primary Care Setting**
Angelina Harman, DNP, FNP-BC
Description TBD
Pharmacology/non-pharmacology credits TBD
- Joint Injection & Abscess Management/I&D workshop**
Courtney Caughey
Description TBD
Pharmacology/non-pharmacology credits TBD
- 1:30 PM - 4:30 PM PRE-CONFERENCE WORKSHOP
- Yoga throughout the Lifespan**
Nancy Harvey, MSN, FNP, MS, Yoga Therapy
Description TBD
Pharmacology/non-pharmacology credits TBD
- 2:15 PM - 2:30 PM BREAK
- 2:30 PM - 4:30 PM PRE-CONFERENCE WORKSHOP
- VCNP 101**
Morgan McDowell, MSN, WHNP-BC, AGPCNP-BC
Description TBD
Pharmacology/non-pharmacology credits TBD
- 4:30 PM - 5:00 PM VCNP 101 REGIONAL RECEPTION
- 5:00 PM - 7:00 PM VCNP BOARD MEETING (BOARD MEMBERS ONLY)
- 7:00 PM - 8:30 PM EXHIBITS OPEN/POSTERS/OPENING RECEPTION

THURSDAY, MARCH 27

- 7:00 AM - 8:00 AM BREAKFAST WITH EXHIBITORS
- 7:00 AM - 5:00 PM REGISTRATION DESK OPEN
- 8:00 AM - 9:30 AM GENERAL SESSION
- General Session: Keynote Speaker Eileen O'Grady**
Eileen O'Grady, PhD., RN, NP
Description TBD
Pharmacology/non-pharmacology credits TBD



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HILTON NORFOLK THE MAIN

9:30 AM - 10:45 AM

GENERAL SESSION

Leveraging AI for Enhanced Productivity

Ona Omorogbe, MSN, APRN, FNP-C

Dive into the future of healthcare with artificial intelligence transforming clinical documentation and productivity. This presentation will explore how AI technologies streamline documentation processes, reduce administrative burdens, and enhance overall efficiency in clinical settings. Attendees will gain insights into the latest AI tools, their implementation, and practical applications that can significantly improve workflow and patient care. Join us to discover how AI can revolutionize your practice, allowing healthcare professionals to focus more on patient care and less on paperwork.

0 Pharmacology/1.25 non-pharmacology credits

10:45 AM - 11:15 PM

BREAK

11:15 AM - 12:30 PM

BREAKOUT SESSIONS

Anticoagulation for A-Fib in the Outpatient Setting/Advances in the Management of Atrial Fibrillation

Maheswari Murugesan, RN, MSN, PhD

Ryleigh Hawker, DNP, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Contraceptive Updates/Vaginal Candida Glabrata Identification and Treatment

Sarah Knoeckel, DNP, FNP

Chimere Clark, DNP, APRN, WHNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Dealing with Difficult Others

Eileen O'Grady, PhD., RN, NP

Description TBD

Pharmacology/non-pharmacology credits TBD

Red Eye

Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD

School Avoidance: What can NPs do to help kids and families?

Lisa Beauvois, CRNP, FNP-BC, PMHNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

12:30 PM - 2:05 PM

SPONSORED LUNCH OR LUNCH ON OWN

1:45 PM - 2:30 PM

EXHIBIT HALL/BREAK/POSTERS

2:30 PM - 3:45 PM

GENERAL SESSION

Unified Advocacy for Nurse Practitioners

Colleen Leners, DNP, FNP-BC, FAAN, FAANP

Description TBD

Pharmacology/non-pharmacology credits TBD



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3:50 PM - 5:05 PM

BREAKOUT SESSIONS

Healer, Heal Thyself

Tabitha Hapeman, DNP, APRN, RN, PMHNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Health Equity: Addressing Weight Bias & Stigma

Kimberly Sapre, DMSc, PA-C, CAQ-EM, DFAAPA

Description TBD

Pharmacology/non-pharmacology credits TBD

It is Time to Break the Barriers: Hormone Therapy Counseling & Prescribing Insights

Christine Hart Kress, DNP, APRN, WHNP-BC, NEA-BC, MSCP

Description TBD

Pharmacology/non-pharmacology credits TBD

Operator Syndrome and the Role of the Nurse Practitioner

Kimberly Freisenbruch, DNP, APRN, PMHNP-BC, CCM

Overview of Operator Syndrome and how nurse practitioners can have an impact on treatment

0 Pharmacology/1.25 non-pharmacology credits

Unlocking Sweet Dreams

Chastity Van Pelt, MSN, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

5:10 PM - 6:25 PM

GENERAL SESSION

Independent, Now What? Autonomous Practice in Healthcare Systems

Morgan McDowell, MSN, WHNP-BC, AGPCNP-BC

Katie Page, MSN, CNM

Description TBD

Pharmacology/non-pharmacology credits TBD

6:30 PM - 8:00 PM

GR COMMITTEE DINNER

6:30 PM - 7:30 PM

SPONSORED DINNER

SPONSORED DINNER

SPONSORED DINNER

FRIDAY, MARCH 28

7:00 AM - 8:00 AM

BREAKFAST WITH EXHIBITORS

7:00 AM - 5:00 PM

REGISTRATION DESK OPEN

8:00 AM - 9:15 AM

GENERAL SESSION

General Session: Leslie Herdegen Rohrer Memorial

Description TBD

Pharmacology/non-pharmacology credits TBD

9:15 AM - 10:30 AM

GENERAL SESSION

Empath: An Innovative Approach

Drew White, MSN, PMHNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD



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10:30 AM - 12:00 PM FINAL BREAK WITH EXHIBITORS

12:00 PM - 1:20 PM LUNCH BANQUET & AWARDS

1:25 PM - 2:40 PM BREAKOUT SESSIONS

Did I Do That? The Importance of Great Documentation

Sandra Nichols, PhD, APRN, FNP-BC, GNP-BC, PMHNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Early Pregnancy Loss: A Comprehensive Approach for Nurse Practitioners

Kara Pravdo, MSN, CRNP

This presentation provides first trimester options for early pregnancy loss management. Discussion will include how to incorporate miscarriage care into your practice which may involve diagnosing, treating, referring and or giving resources and supporting patients and families.

0.25 Pharmacology/1 non-pharmacology credits

Eating Disorders In Primary Care

Kathryn Shepley, NP, PNP

Courtney Salaway, RN, MSN, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Mastering Insulin Management in Primary Care/Continuous Glucose Monitoring

Jack Weiskohl, MSN, FNP-BC

Dana Burns, DNP, FNP-BC, BC-ADM

We will review core concepts for insulin management, including continuous glucose monitoring interpretation and analysis, in the care of patients with diabetes in primary care settings.

0.5 Pharmacology/0.75 non-pharmacology credits

More Than Just Cramps: PCOS in Primary Care

Shelia Talbott, DNP, FNP-C

Description TBD

Pharmacology/non-pharmacology credits TBD

2:45 PM - 4:00 PM GENERAL SESSION

Drug-drug Interactions and the Impact on Patients with COVID and Other Chronic Conditions

Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,

The FDA has released information that more and more reports of adverse events due to drug interactions are being reported in those being treated for COVID - 19. This session will focus on common reports, avoidance of interactions and safe prescribing.

1.25 Pharmacology/0 non-pharmacology credits



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4:10 PM - 5:25 PM

BREAKOUT SESSIONS

Adult ADHD: Assessment and Treatment for Complex Presentations

Lee Moore, DNP, Med, LNP, PMHNP-BC, CNE

Description TBD

Pharmacology/non-pharmacology credits TBD

Direct-to-Consumer Genetic Testing: Practical Cases for Clinical Practice

Karen Whitt, PhD, APRN, FNP-C, AGN-BC FAANP

Nguyen Park, DMSc, MS, PA-C, DFAAPA

Description TBD

Pharmacology/non-pharmacology credits TBD

My patient has a bladder issue..now what?

Morgan McDowell, MSN, WHNP-BC, AGPCNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Obesity Management in Primary Care

Emily Stevens, MSN, RN, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

Perinatal psychiatric treatment: A rational approach to prescribing

Lyons Hardy, PMHNP

Description TBD

Pharmacology/non-pharmacology credits TBD

Wound Care Made Simple

Kim Kennedy, AGACNP-BC, CWON-AP

Description TBD

Pharmacology/non-pharmacology credits TBD

5:30 PM - 7:00 PM

TRIVIA NIGHT SOCIAL W/CASH BAR

SATURDAY, MARCH 29

7:00 AM - 12:00 PM

REGISTRATION DESK OPEN

7:00 AM - 8:00 PM

SPONSORED BREAKFAST

8:00 AM - 9:15 AM

GENERAL SESSION

Implicit Bias

Malinda Myers, DNP, RN, FNP-BC

Description TBD

Pharmacology/non-pharmacology credits TBD

9:15 AM - 10:30 AM

GENERAL SESSION

Prescribing Safely: Avoiding Malpractice and Litigation

Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP,

Nurse practitioners are performing more services, seeing more patients, and writing more prescriptions. In addition, the number of malpractice claims made against many health care professionals is on the rise. It is essential that the nurse practitioner take every possible step to avoid being at the receiving end of a malpractice claim. Dr. Wendy Wright, a family nurse practitioner with extensive experience in reviewing cases for medical malpractice attorneys, will present information that every nurse practitioner must hear.

1.25 Pharmacology/0 non-pharmacology credits

10:30 AM - 10:45 AM

BREAK



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10:45 AM - 12:00 PM

GENERAL SESSION

The Nurse Practitioners' Approach to Modern Day

Slavery

Charles Hickey, FNP

Description TBD

Pharmacology/non-pharmacology credits TBD