



2024 ANNUAL CONFERENCE

AT-A-GLANCE

MARCH 13-16, 2024

WEDNESDAY, MARCH 13

11:00 AM - 5:00 PM	CONFERENCE REGISTRATION	
12:30 PM - 4:30 PM	PRE-CONFERENCE WORKSHOPS	
	10 Steps to Opening a Botox® Business	TIDEWATER CD
	Cassie Lane, DNAP, CRNA Rebecca Chanda, NP	
	Extremity Fractures & Basic Splinting	ALLEGHENY
	Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP Cassie Sheffey, DNP, APRN, FNP-C	
	Stepping In for Respect: Responding to Disrespectful and Biased Behavior in Healthcare	LIBERTY
	Kathryn Reid, PhD, RN, FNP-C	
12:30 PM - 2:30 PM	PRE-CONFERENCE WORKSHOP	
	VCNP 101	TIDEWATER AB
	Alysia Pack, DNP, APRN, FNP-C Katy Morgan, MSN, RN, CPNP-AC	
1:00 PM - 4:00 PM	PRE-CONFERENCE WORKSHOP	
	Ancient Wisdom of Yoga and Contemporary Pain Management	PIEDMONT
	Nancy Harvey, MSN, FNP, MS, Yoga Therapy	
5:00 PM - 6:30 PM	VCNP BOARD MEETING (Board Members Only)	TIDEWATER AB
6:30 PM - 7:00 PM	PRESIDENT'S RECEPTION (Board & Invited Guests Only)	LIBERTY
7:00 PM - 8:30 PM	OPENING RECEPTION WITH EXHIBITORS	COLONY

THURSDAY, MARCH 14

7:00 AM - 5:30 PM	CONFERENCE REGISTRATION	
7:00 AM - 8:00 AM	CONTINENTAL BREAKFAST WITH EXHIBITORS	COLONY

8:00 AM - 9:30 AM	GENERAL SESSION: KEYNOTE	VIRGINIA DEF
	VCNP over the Years	
	Becky Compton, DNP, RN, FNP-C Pat Selig, PhD, FNP-BC Judy Collins, RN, MS, WHNP, FAAN Diane Hanna, RNC, MS, FNP (retired) Cindy Fagan, DNP, FNP-C Elaine Ferrary, FNP Mark Coles, RN BA MSN NP-C Carola Bruflat MSN WHNP-BC FNP-BC (ret.) HoChong Gilles, DNP, FNP-C	
9:30 AM - 10:45 AM	GENERAL SESSION	VIRGINIA DEF
	Striking Balance Part 1: Understanding Pain Management and Opioids	
	Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP	
10:45 AM - 11:15 AM	BREAK WITH EXHIBITORS	COLONY
11:15 AM - 12:30 PM	GENERAL SESSION	VIRGINIA DEF
	Striking Balance Part 2: Understanding Pain Management and Opioids	
	Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP	
12:30 PM - 1:45 PM	LUNCH ON OWN	
	LUNCH WITH SPONSORS:	
	Closing the CRC Screening Gaps: Integrating Screening Protocols, Improving Participation	ALLEGHENY
	Jason Bain, MSN, APRN, FNP-BC; Sponsored by Exact Sciences ; RSVP on: http://www.esvw.com/rsvp/vcnp	
	Examining the Patient with X-linked Hypophosphatemia: Diagnostic and Management Needs	PIEDMONT
	Nancy Dunbar, MD/MPH; Sponsored by Kyowa Kirin ; RSVP on: http://www.esvw.com/rsvp/vcnp	
	Achieve Meaningful Long Term Weight Loss with Wegovy	VIRGINIA ABC
	Jeffrey M. Sicat, MD, FACE, FOMA,; Sponsored by Novo Nordisk ; RSVP on: http://www.esvw.com/rsvp/vcnp	
1:45 PM - 2:30 PM	EXHIBIT HALL & POSTERS	COLONY
2:30 PM - 3:45 PM	BREAKOUT SESSIONS	
	Amyloidosis: A Diagnosis Not to be Missed!	ALLEGHENY
	Rachel Barish, ANP-BC, AACC	
	HIV Prevention and Treatment in the Primary Care Office	TIDEWATER AB
	Elizabeth Copes, NP-C, AACRN	
	Inflammation, The Role of Obesity & Poor Metabolic Health	VIRGINIA DEF
	Cynthia Thurlow, ANP, MSN	
	Latest Advances in Transcatheter Structural Heart Interventions	TIDEWATER CD
	Kathryn Johnston, AGACNP, FNP	
	Managing the Hospitalized Diabetic Patient: From Pre-admission Planning Through Glycemic Crisis	VIRGINIA ABC
	Catherine Tierney, RN, MS, ACNP-BC Lori Brien, DNP	

3:50 PM - 5:05 PM	BREAKOUT SESSIONS	
	<i>Aren't Older Adults Just Adults?</i>	VIRGINIA ABC
	Lisa Onega, PhD, RN, MBA, FNP-BC, CNS-BC, GNP-BC	
	<i>Medical Cannabis: What They Didn't Teach You in School</i>	VIRGINIA DEF
	Judy Jenks, DNP, FNP-BC	
	<i>Medical Masquerades: Unmasking Conditions that Imitate Mental Illness/Alternative Therapies</i>	PIEDMONT
	Onakome Omorogbe, MSN, BSN, BS, APRN, FNP-C	
	<i>Obesity Bias</i>	ALLEGHENY
	Katie Katz, DNP, APRN, FNP-BC, APHN-BC, CNE	
	<i>Restless Nights to Restful Sleep: Tackling Sleep Issues</i>	TIDEWATER AB
	Theresa Long, DNP FNP-BC, CDE Ellen Wermter, MS, FNP-BC, DBSM	
	<i>Tips and Tricks for Treating Mild Traumatic Brain Injury</i>	TIDEWATER CD
	Sabrina Johnson, DNP, FNP-BC, CBIS	
5:10 PM - 6:25 PM	GENERAL SESSION	
	<i>Starting Your Own Business (2 Rapid Fires)</i>	VIRGINIA DEF
	Judy Jenks, DNP, FNP-BC Cassie Lane, DNAP, CRNA	
5:30 PM - 7:00 PM	GOVERNMENT RELATIONS COMMITTEE DINNER	LIBERTY

FRIDAY, MARCH 15

7:00 AM - 5:00 PM	REGISTRATION OPEN	
7:00 AM - 8:00 AM	CONTINENTAL BREAKFAST WITH EXHIBITORS	COLONY
8:00 AM - 9:15 AM	LESLIE HERDEGEN ROHRER MEMORIAL SESSION	VIRGINIA DEF
	<i>Healing Politics</i>	
	Kimberly Gordon, DNP, CRNA	
9:15 AM - 10:30 AM	GENERAL SESSION	VIRGINIA DEF
	<i>Functional Bowel Disorders</i>	
	Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP	
10:30 AM - 12:00 PM	FINAL BREAK WITH EXHIBITORS	COLONY
12:00 PM - 1:15 PM	GENERAL MEMBERSHIP LUNCH MEETING	VIRGINIA DEF
1:15 PM - 2:30 PM	GENERAL SESSION	
	<i>Nursing Leadership Excellence</i>	VIRGINIA DEF
	James Dickens, DNP, FNP-BC, FAANP, FAAN	

2:30 PM - 3:45 PM	BREAKOUT SESSIONS	
	Holistic Impact on the CYP450 Enzymatic System	PIEDMONT
	Darleen Hoffert, DNP, RN, AGNP-C, LNC Katie Katz, DNP, APRN, FNP-BC, APhN-BC, CNE	
	Managing Substance Use Disorders in the Outpatient Setting	TIDEWATER AB
	Samantha Sweitzer, MSN, FNP-C	
	Pediatric Rash: Emergent Verses Not!	VIRGINIA ABC
	Tiffany Kidd, DNP, PPCNPBC, CCRN, CPEN	
	Transition of Care for the COPD Patient	TIDEWATER CD
	Tammy Maloney, FNP, DNP	
	Turning Despair into Joy with Pain Relief Psychology (Live/Virtual)	VIRGINIA DEF
	David Clarke, MD	
3:50 PM - 5:05 PM	BREAKOUT SESSIONS	
	Do Diabetes Better Together: Meal, Movement, Monitoring and Medication	VIRGINIA DEF
	Dana Burns, DNP, FNP-BC, BC-ADM	
	Telemedicine in Primary Care	VIRGINIA ABC
	Reagan Thompson, DNP, FNP-C	
	Tick Borne Illness: Diagnosis and Treatment in the Primary Care Setting	ALLEGHENY
	Maria Circosta, MSN FNP-C	
	Treatment Tips for Thyroiditis: Post-Partum, Hashimoto's & Subacute Thyroiditis	TIDEWATER CD
	Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP	
	Utilizing Insulin Pump Therapy for Type 2 Diabetics	TIDEWATER AB
	Dana Stallings, DNP, APRN, FNP-C, CDCES, BC-ADM	
5:15 PM - 7:15 PM	50TH ANNIVERSARY BASH & BASKET DRAWING	COLONY

SATURDAY, MARCH 16

7:00 AM - 8:30 AM	CONFERENCE REGISTRATION OPEN	
7:00 AM - 8:00 AM	SPONSORED BREAKFAST	
	KCENTRA	VIRGINIA DEF
	John Lubber, MD; Sponsored by CSL Behring ; RSVP on: http://www.esvw.com/rsvp/vcnp	
8:00 AM - 9:15 AM	GENERAL SESSION	VIRGINIA DEF
	The Cardio-Renal Conundrum in Treating Congestion	
	Linda Hart, DNP, RN, ACNP-BC, AACCC	
9:15 AM - 10:30 AM	GENERAL SESSION	VIRGINIA DEF
	Scoring Comprehensive T2DM Management Goals	
	Lisa Coco, MSN, CRNP, CDCES, ADM-BC	
10:30 AM - 10:45 AM	BREAK	
10:45 AM - 12:00 PM	GENERAL SESSION	VIRGINIA DEF
	Food Allergy Prevention: Better Than A Cure	
	Angela Hogan, MD	