



2023 ANNUAL CONFERENCE

AT-A-GLANCE

MARCH 22-25, 2023

WEDNESDAY, MARCH 22

- 11:30 AM - 5:00 PM** **CONFERENCE REGISTRATION - NORTH ENTRY FOYER**
- 12:30 PM - 4:30 PM** **PRE-CONFERENCE WORKSHOPS**
Coding & Documentation - SHENANDOAH B
-Lynn Rapsilber, DNP APRN ANP-BC FAANP
Managing Common Hand & Nail Conditions - APPALACHIAN
- Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP
- 12:30 PM - 2:00 PM** **PRE-CONFERENCE WORKSHOP - WASHINGTON LECTURE HALL**
VCNP 101
- Alysia Pack, DNP, APRN, FNP-C
- Katy Morgan, MSN, RN, CPNP-AC
- 2:30 PM - 4:00 PM** **VCNP LEADERSHIP TRAINING - WASHINGTON LECTURE HALL**
- Pamela Maxson, PhD, PCC, SPHR
- 2:30 PM - 4:30 PM** **PRE-CONFERENCE WORKSHOP - SHENANDOAH A**
Past & Present Support for Healing Properties of Yoga & Yoga Session
- Nancy Harvey, MSN, FNP, MS, Yoga Therapy
(Bring your own yoga mat)
- 4:00 PM - 5:00 PM** **VCNP BOARD OF DIRECTORS RECEPTION - BOARD MEMBERS ONLY - CRYSTAL BALLROOM FOYER**
- 5:00 PM - 7:00 PM** **VCNP BOARD OF DIRECTORS MEETING & DINNER - BOARD MEMBERS - CRYSTAL BALLROOM AB**
- 7:00 PM - 8:30 PM** **OPENING RECEPTION - VISIT EXHIBITORS & POSTER PRESENTATIONS - ROANOKE BALLROOM AB**

THURSDAY, MARCH 23

- 7:00 AM - 5:30 PM** **CONFERENCE REGISTRATION - NORTH ENTRY FOYER**
- 7:00 AM - 8:00 AM** **CONTINENTAL BREAKFAST & VISIT EXHIBITORS - ROANOKE BALLROOM AB**
- 8:00 AM - 9:15 AM** **GENERAL SESSION - ROANOKE BALLROOM C - H**
Keynote Speaker
- Beth Macy, Journalist and Award Winning Author of three NY Times bestselling books
- 9:15 AM - 9:30 AM** **BOOK SIGNING WITH BOOK NO FURTHER BOOK STORE - FOYER**
- 9:30 AM - 10:45 AM** **GENERAL SESSION - ROANOKE BALLROOM C - H**
Detoxing & Dopesick
- Sarah Tiesing, RN, MSN, FNP-C
- 10:45 AM - 11:15 AM** **VISIT EXHIBITORS & POSTERS - ROANOKE BALLROOM AB**
- 11:15 AM - 12:30 PM** **BREAKOUT SESSIONS**
Acute Care - Things We Do For No Reason in Acute Care - BUCK MOUNTAIN
- Sarah Tiesing, RN, MSN, FNP-C

- 11:15 AM - 12:30 PM BREAKOUT SESSIONS, CONTINUED**
Generalist - Bumps, Itches & Rashes - WASHINGTON LECTURE HALL
- Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP
Generalist - Resilience: Moving Beyond Exercise, Nutrition, and Sleep - SHENANDOAH B
- Karen Higgins, DNP, FNP-BC
Mental Health - Helping Patients Taper Off of Benzodiazepines - POCAHONTAS
- Lisa Beauvois, CRNP, FNP-BC, PMHNP-BC
Pediatrics - Selection of Psychiatric Meds for Children and Adolescents - MILL MOUNTAIN
- Lisa Onega, PhD, RN, MBA, FNP-BC, CNS-BC, GNP-BC
- 12:30 PM - 1:30 PM LUNCH ON YOUR OWN**
- 1:30 PM - 2:30 PM VISIT EXHIBITORS & POSTER PRESENTATIONS - ROANOKE BALLROOM AB**
- 2:30 PM - 3:45 PM GENERAL SESSION**
Treatment for Autoimmune Diseases--Something Old and Lots NEW! - ROANOKE BALLROOM C - H
- Barb Bancroft, RN, MSN, PNP
- 3:50 PM - 5:05 PM BREAKOUT SESSIONS**
Professionalism - Transitioning to Acute Care/Autonomous Practice - BUCK MOUNTAIN
- Janice Lavoie, AGPCNP-BC, MSN
- Tammy Maloney, FNP-BC, DNP, AE-C
- Claren Wiencek, PhD, RN, ACNP, ACHPN
- Rachel Duke, MS, NP, CANS
Mental Health - Care For All: Promoting Best Outcomes for LGBTQIA+ Patients - POCAHONTAS
- Lee Moore, DNP, MEd, LNP, PMHNP-BC, CNE
Acute Care - Spontaneous Coronary Artery Dissections - MILL MOUNTAIN
- Elizabeth Armstrong, DNP, NP-C
Generalist - The Ill Returning Traveler - WASHINGTON LECTURE HALL
- Dawn Bourne, DNP, FNP-C, HEC-C
Professionalism - Tell the Truth, the Whole Truth & Nothing But the Truth - SHENANDOAH B
- Judy B. Jenks, DNP, FNP-BC
- Susan Wirt, MSN, RN, CRRN, CCM, CLCP, CRP, CNLCP
- 5:15 PM - 6:30 PM GENERAL SESSION**
The Dyad Model: A Creative Alternative to Precepting - ROANOKE BALLROOM C - H
- Leigh Ann Breckenridge, DNP, MSN, RN
- Dana Burns, DNP, FNP-BC
- Allison Gregory, MS, FNP
- Carla Nye, DNP, CPNP, CNE
- 6:40 PM - 7:00 PM OPTIONAL DINNER SYMPOSIUM REGISTRATION - CRYSTAL BALLROOM FOYER**
- 6:45 PM - 8:30 PM GR COMMITTEE MEETING & DINNER - GR COMMITTEE MEMBERS ONLY - APPALACHIAN**
- 7:00 PM - 8:00 PM OPTIONAL DINNER SYMPOSIUM - SPONSORED BY ALEXION - CRYSTAL BALLROOM AB**
Recognizing the Clinical Consequences of Low ALP Diagnosing HPP
- Jacqueline Kernaghan, PA
OPTIONAL DINNER SYMPOSIUM - SPONSORED BY IDORSIA - CRYSTAL BALLROOM CD
QUVIVIQ: Redefining the Treatment of Insomnia
- Dr. Gregg Friedman, Psychiatrist
OPTIONAL DINNER SYMPOSIUM - SPONSORED BY NOVO NORDISK - CRYSTAL BALLROOM E
Achieve Meaningful, Long-term Weight Loss with Wegovy
- Christine Kessler, MN, CNS, ANP, BC-ADM, FAANP

FRIDAY, MARCH 24

- 7:00 AM - 5:00 PM** **CONFERENCE REGISTRATION - NORTH ENTRY FOYER**
- 7:00 AM - 8:00 AM** **CONTINENTAL BREAKFAST AND VISIT EXHIBITORS - ROANOKE BALLROOM AB**
- 8:00 AM - 9:15 AM** **GENERAL SESSION**
Leslie Herdegen Rohrer Memorial Session: Advancing Diversity, Equity, & Inclusion
Everyone Has A Role To Play - **ROANOKE BALLROOM C - H**
- Jacqueline Cranford, JD
- 9:15 AM - 10:30 AM** **GENERAL SESSION**
Food For Thought - **ROANOKE BALLROOM C - H**
- Barb Bancroft, RN, MSN, PNP
- 10:30 AM - 11:30 AM** **VISIT WITH EXHIBITORS - ROANOKE BALLROOM AB**
- 11:30 AM - 1:15 PM** **VCNP GENERAL MEMBERSHIP LUNCHEON & MEETING - ROANOKE BALLROOM C - H**
- 1:15 PM - 2:30 PM** **GENERAL SESSION**
Polypharmacy & Cytochromes - **ROANOKE BALLROOM C - H**
- Darleen Hoffert, DNP, RN, AGNP-C, LNC
- 2:35 PM - 3:50 PM** **BREAKOUT SESSIONS**
Acute Care: Managing Behavioral Disturbances in Neurocognitive Disorders - **MILL MOUNTAIN**
- Kirby Williams, PMHNP-BC
Generalist - Inspiration, Innovation & Insight: Health Informatics - **WASHINGTON LECTURE HALL**
- Susan Conaty-Buck, DNP, MFA, FNP-C, FAANP
Generalist - Stage A and B Heart Failure in the Primary Care Setting - **POCAHONTAS**
- Vera Barton-Maxwell, PhD, APRN, FNP-BC
Women's Health - Understanding Urinary Incontinence in Women of All Ages - **BUCK MOUNTAIN**
- Leigh Ann Breckenridge, DNP, MSN, RN
- Allison Gregory, MS, FNP
CE Supported by UVA - Mental Health: Responding to Disrespectful & Biased Behavior in Health Care - **SHENANDOAH**
- Kathryn Reid, PhD, RN, FNP-C
- 3:55 PM - 5:10 PM** **BREAKOUT SESSIONS**
Generalist - Caring for Those Experiencing Homelessness - **WASHINGTON LECTURE HALL**
- Emily Horvath, DNP, FNP-BC
Acute Care - Stroke Mimics & Chameleons - **SHENANDOAH**
- Keiko Kuylkendall
Generalist - Move Mountains Medical Missions - **BUCK MOUNTAIN**
- Patricia Vanhook, PhD, APRN, FAAN
- Paula Hill-Collins
- Ethan Collins
Professionalism - How to Be an Effective Expert Witness - **MILL MOUNTAIN**
- Jerry Canaan, JD
Women's Health - Women's Health in Orthopedics - **POCAHONTAS**
- Shannon Nicholson, DNP, FNP-BC
- 5:10 PM - 5:30 PM** **OPTIONAL DINNER SYMPOSIUM - REGISTRATION - CRYSTAL BALLROOM FOYER**
- 5:30 PM - 6:30 PM** **OPTIONAL DINNER SYMPOSIUM - SPONSORED BY CORIUM - CRYSTAL BALLROOM E**
A Discussion About AZSTARYS
- Samantha Shawn-Marsh, DNP, MSN, PMHNP-BC
- OPTIONAL DINNER SYMPOSIUM - SPONSORED BY EXACT SCIENCES - CRYSTAL BALLROOM AB**
Using Comprehensive Genomic Profiling to Enhance Patient Care
- Megan McKenna, MS, CGC

SATURDAY, MARCH 25

- 7:00 AM - 8:00 AM** **NON-CE SESSION & BREAKFAST SPONSORED BY ASTRAZENECA - ROANOKE BALLROOM C - H**
Management of CKD and Hyperkalemia
- Michael Bentley, PharmD, FCCP, FCCM, FNAP
- 8:30 AM - 10:45 AM** **SUPPORTED CE SESSION - ROANOKE BALLROOM C - H**
Pain Management & Opioids Update
- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP
- 10:45 AM - 12:00 PM** **GENERAL SESSION - ROANOKE BALLROOM C - H**
Mind Your Meds - Ceasing the Stigma of Substance Use Disorder
- Camille Schrier, Miss America 2020