



2020 ANNUAL CONFERENCE

AT-A-GLANCE

HILTON NORFOLK THE MAIN
NORFOLK, VIRGINIA

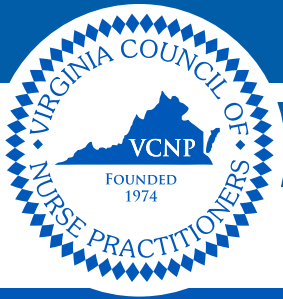
MARCH 4-7, 2020

WEDNESDAY, MARCH 4

- 11:30AM - 5:00PM** Conference Registration
- 12:30PM - 4:30PM** Pre-Conference Workshops (separate registration fee)
- Palliative Care: Bootcamp for the APRN - Clareen Wiencek, PhD, RN, ACNP
 - Radiology: Chest and Abdominal X-ray: Honing Your Skills - Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP
 - Bracing & Splinting for Orthopedic Complaints - Shannon Nicholson, DNP, FNP-BC, RNFA
 - What's Going on Down There?: Identifying Common Vulvar Dermatology - Shaughanasee Vines, DNP, CNM
 - VCNP 101: New Leader Orientation - HoChong Gilles, DNP, FNP-C - Free (registration requested)
- 2:15PM - 2:30PM** Break
- 5:00PM - 7:00PM** Board of Directors Meeting
- 7:00PM - 9:00PM** Opening Reception with Exhibitors & Poster Presentations

THURSDAY, MARCH 5

- 7:00AM - 5:30PM** Conference Registration
- 7:00AM - 8:00AM** Continental Breakfast with Exhibitors
- 8:00AM - 9:15AM** General Session
- New Drug Update 2020: What's Hot and What's Not - Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP
- 9:15AM - 10:30AM** General Session
- Treating Anxiety Disorders in Primary Care - Lyons Hardy, PMHNP & Allison Gregory, FNP
- 10:30AM - 11:00AM** Break with Exhibitors & Poster Presentations
- 11:00AM - 12:15PM** Breakout Sessions
- Women's Health** When the Women is a Warrior - Patrice Malena, MS, FNP-BC & Kelly Owens, MS, WHNP-BC, PMHNP-BC
 - Pediatrics** Managing Growth Plate Injuries - Shannon Nicholson, DNP, FNP-BC, RNFA
 - Acute Care** Diagnostic Triage for Acute Back Pain - Crystal Allen, MSN, RN, AGACNP-BC
 - Generalist** What You, the Practitioner Needs to Know About Transitioning Young Adults with Chronic Illness to Adult Health Care; the Pediatric and Adult Provider Perspective - Sara Hallowell, DNP, RN, CPNP & Bethany Coyne, PhD, CPNP-PC
 - Mental Health** The Hidden Public Health Crisis: Adverse Childhood Experiences - Beth Dekonink, DNP, NP-C, APRN-BC
- 2:00PM - 2:30PM** Break with Exhibitors & Poster Presentations
- 2:30PM - 3:45PM** General Session
- State of APRNs - Robin Hills, DNP, WHNP-BC, Terri Clinger, DNP, MSN, CPNP-PC
- 4:00PM - 5:15PM** Breakout Sessions
- Women's Health** Use of Motivational Interviewing to Overcome Breastfeeding Barriers - Leigh Anne Breckenridge, DNP, MSN, RN
 - Geriatric** Clinical Lipidology Update 2020: New Life for Vascular EPA, Updated Clinical Guidelines and Vascular Imaging for Non-Cardiologists - Gregory Pokrywka, MD, FACP, FNLA, FASCP
 - Acute Care** Eating Bananas & Drinking Water - Karl Koenig, MD
 - Generalist** Follow the Yellow Brick Road - Morgan McDowell, MSN, WHNP-BC, AGPCNP-BC
 - Mental Health** Healing From the Inside Out: Increasing Awareness of the Emotional Causes of Physical and Mental Diseases - Evelyn Hall-Harris, ANP
- 5:30PM - 7:00PM** Professional Issues Session
- Access and Empanelment - Start Creating a High Performing Primary Care System - Rebekah Compton, DNP, RN, FNP-BC
- 7:00PM - 7:30PM** Optional Dinner Symposium Registration
- 7:30PM - 8:30PM** Optional Dinner Symposiums - TBD
- 7:15PM - 8:30PM** Government Relations Committee - Dinner (Committee Members Only)



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FRIDAY, MARCH 6

- 7:00AM - 5:00PM** Conference Registration
- 7:00AM - 8:00AM** Continental Breakfast with Exhibitors
- 8:00AM - 9:30AM** General Session: Leslie Herdegen Rohrer Memorial
Reimbursement: Foundation of Fiscal Responsibility - Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP
- 9:45AM - 10:45AM** General Session: Keynote Speaker
Fighting the Forces of Burnout: Safeguarding Joy in Work - Pam Cipriano, PhD, RN, NEA-BC, FAAN
- 10:45AM - 11:45AM** Final Exhibit Hall
- 11:45AM - 12:00PM** General Membership Lunch Meeting
- 12:00PM - 1:00PM** Annual Business Meeting, VCNP Awards & Basket Raffle
- 1:00PM - 2:00PM** General Session
Medical Management of Trans-gender Health - Stephanie Hartman, MD & Jessica Simmons, MD
- 2:00PM - 2:15PM** Break
- 2:15PM - 3:30PM** Breakout Sessions
- Women's Health** Traditional and Complementary Health Approaches for Discomforts in Pregnancy - Gini Weisz, PhD, WHNP
 - Pediatrics** Pediatric Dyslipidemias- Current Guidelines - Leslie Peregoy, CPNP
 - Acute Care** Atrial Fibrillation: Diagnosis & Treatment in the Acute Care Setting - April Towler, NP-C
 - Generalist (Rapid Fire)** Now What the A1C is Uncontrolled: Managing Diabetes Type 2 in a Primary Care Setting / Why HgbA1C is No Longer the Gold Standard for Measuring Diabetes Control - Olivia Newby, DNP, FNP-BC, CDE & Dana Stallings, MSN, APRN, FNP-C, CDE, BC-ADM
 - Mental Health** Farm Stress: Beyond Climate Change - Amy Johnson, DNP, FNP-C
- 3:45PM - 5:00PM** Breakout Sessions
- Women's Health** Evaluation & Management of Mitral Valve Disease - Lori McVay, DMSc, PA-C
 - Geriatric (Rapid Fire)** Lung Cancer Screening & Colon Cancer Screening - Aimee Strong, DNP, AGACNP-BC, Kim Richards, MSN, RN, FNP-BC, CGRN
 - Acute Care** Precision Medicine, Biomarkers & Genomics in Acute Care - Christine Kessler, MN, ANP-BC, CNS, BC-ADM, CDTC, FAANP
 - Generalist** Common Rashes and Novel Treatment Options - Deborah Quinn, DNP
 - Mental Health** Nurse Heal Thyself: Building Resiliency and Cultivating Caring in Everyday Practice - Dana Burns, DNP, FNP-BC
- 5:00PM - 5:30PM** Optional Dinner Symposium Registration
- 5:30PM - 6:30PM** Optional Dinner Symposiums - TBD

SATURDAY, MARCH 7

- 7:00AM - 8:00AM** Conference Registration
- 7:00AM - 8:00AM** Continental Breakfast
Sponsored Session - TBD
- 8:00AM - 9:15AM** Professional Issues Session
Precepting - Rhonda Arthur, CNM, WHNP-BC, FNP-BC, CNE, & Tonya Nicholson, DNP, CNM
- 9:15AM - 10:30AM** General Session
CBD - Nikita Duke, DNP, PMHNP-BC
- 10:30AM - 10:45AM** Break
- 10:45AM - 12:00PM** General Session
Identifying Victims of Human Trafficking in the Health Care Setting - Betsy Hutson, J.D.