



VIRGINIA COUNCIL OF NURSE PRACTITIONERS 2020 ANNUAL CONFERENCE

MARCH 4-7 | HILTON NORFOLK THE MAIN | NORFOLK, VA

VIRGINIA COUNCIL OF NURSE PRACTITIONERS
250 West Main Street, Suite 100, Charlottesville, VA 22902 | 434.977.3716 | vcnp.net
PARTNERS FOR A HEALTHIER TOMORROW





2020 ANNUAL CONFERENCE

Virginia Council of Nurse Practitioners (VCNP) invites you to attend the 2020 Annual Conference at Hilton Norfolk The Main in Norfolk, VA. VCNP is continuing to offer online conference registration, online session evaluations and an attendee portal that will allow attendees to access speaker presentations online before and after the conference.

This year's program will feature several general sessions, concurrent specialty interest sessions, optional pre-conference workshops, breakfast sessions, rapid fire concurrent sessions, lunch sessions and the exhibit hall featuring the latest information on patient products and services. Professional networking activities include the poster sessions, opening reception and the Annual Meeting with the VCNP Board, including a professional issues presentation.

NETWORKING OPPORTUNITIES

Take advantage of opportunities to extend learning beyond the classroom by spending time with colleagues to exchange ideas, ask questions and share your knowledge during the continental breakfasts and breaks. Be sure to visit the exhibit hall to learn about the latest industry products and services. Join us on Wednesday for the Opening Reception at 7:00 PM and attend the Annual Meeting with the Board during the lunch session on Friday for more VCNP updates from the organization's leaders.

CONTACT HOURS

Virginia Council of Nurse Practitioners is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number VNA#: 17-06-03P. Conference participants will have the opportunity to earn up to **21 contact hours (pending approval)** based on attendance of a pre-conference workshop and the entire conference.

THE VCNP MISSION

To facilitate the advancement and foster the professional growth of nurse practitioners, and to advocate for the improvement of health and access to care for all Virginians.

BRING YOUR CHECKBOOK

All 2020 conference attendees will have an opportunity to donate to the VCNP Political Action Committee (PAC) during the General Membership Luncheon. PAC contributions will be distributed to legislators who are supportive of VCNP issues such as Full Practice Authority and who sit on committees that hear legislation pertaining to NP practice. All contributions to legislators are made on a bipartisan basis. Help us continue to build relationships with our elected officials. Help us get our message out!

Donations to the VCNP PAC are not tax deductible.

ANNUAL RAFFLE

VCNP will have its Annual Raffle to benefit the NP Scholarship Fund with each region providing a special basket!

2020 VCNP CONFERENCE PLANNING COMMITTEE

Helen Willis, ACNP
Education & Conference Chair

Debbie Dellinger, MSN, RN, ACNP-BC
CE Conference Sub-Committee Chair

HoChong Gilles, DNP, FNP-C
President

Rebekah Compton, DNP, RN, FNP-BC
President-Elect

Rachel Bryant, MSN, NP-C, RN
Blue Ridge

Morgan McDowell, MSN, AG-PCNP-BC, WHNP-BC
Lynchburg

Rachel Cloutier, MS, RN, ACNP-BC
Richmond

Cathy Tierney, LNP
Northern Virginia

Julie Lear, MSN, RN, CCRN
Peninsula

Mary Deivert, ACNP
Piedmont

Kay Shelton, MSN, MBA, WHNP/FNP
Southside

Alysia Pack, FNP-C
Tidewater

Maribeth Capuno, DNP, RN, ANP-BC
Blue Ridge

Gini Weisz, PhD, WHNP
Blue Ridge

Clareen Wiencek, PhD, RN, ACNP ACHPN
Piedmont

Nancy Lutz, NP
Piedmont

HOW TO MAKE HOTEL RESERVATIONS AT THE HILTON NORFOLK THE MAIN

Reservations must be made directly with Hilton Norfolk The Main and NOT VCNP Headquarters.

ONLINE

Use the link to make online hotel reservations at the Hilton Norfolk The Main

https://www.hilton.com/en/hi/groups/personalized/O/ORFWAHH-VCN-20200303/index.jhtml?WT.mc_id=POG

This will auto-populate the full dates of the conference, but the arrival and departure dates should be updated to your specific reservation needs before submitting.

BY PHONE

Contact the Hilton Norfolk The Main for reservations, **1-800-HILTONS** and identify yourself as being with the Virginia Council of Nurse Practitioners.



LETTER FROM THE PRESIDENT

Dear Nurse Practitioner Colleagues & Students,

Welcome to the Virginia Council of Nurse Practitioners 2020 Conference! The VCNP is proud to sponsor our annual conference that provides educational and networking opportunities to foster the professional development of nurse practitioners across the Commonwealth. Our goal in hosting this conference is to provide the highest quality program to expand the clinical knowledge and advocate for advanced practice nurses by offering a variety of evidenced-based presentations and regulatory updates pertaining to autonomous practice. We are honored to have Dr. Pam Cipriano as this year's distinguished keynote speaker. Dr. Cipriano is the new Dean of the UVA School of Nursing and the Past-President of the American Nurses Association. Additionally, participants will have another opportunity to ask questions and interact with experts from the Board of Nursing regarding autonomous practice licensure.

The VCNP Conference Committee is chaired by Helen Willis. Helen and the Conference Committee, which consists of representatives serving from all regions, have organized this year's conference in a new location. The Conference Committee has planned an outstanding agenda with state and nationally recognized speakers. The conference provides a number of pharmacy and non-pharmacologic credits for attendees in pre-conference workshops, general sessions and specialty education tracts in acute care, women's health, mental health, pediatrics and primary care. Attendees may overlap courses from these various tracts. We encourage attendees to register early to reserve their desired sessions.

We are pleased to offer VCNP members a discounted rate to the conference. VCNP 101: New Leader Orientation will again be offered as a pre-conference workshop. This will provide an orientation for in-coming board members to the organization. We invite anyone who desires to learn more about VCNP or is interested in serving at the regional or state level. As always, we welcome all non-members and nurse practitioners from neighboring states to attend.

The Tidewater Region is very excited to host the 2020 VCNP Conference in Norfolk, VA. Take advantage of the many activities and sights that the area has to offer. We look forward to seeing you there!

Sincerely,
HoChong Gilles, DNP, FNP-C
President, Virginia Council of Nurse Practitioners



President

HoChong Gilles, DNP, FNP-C

President-Elect

Rebekah Compton, DNP, RN, FNP-BC

Past President

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Northern Shenandoah President

Lynda Miller, RN, MSN, DNP, FNP-C, PMHNP-BC

Northern Virginia President

Rebecca Bates, DNP, APRN, FNP-C

Peninsula President

Cheryl Reeser, FNP

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Kimberly Bednar, DNP, FNP

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Accountant

Janice Pfund, CPA

Associate Director

Betsy Crowell, CTP



2020 ANNUAL CONFERENCE

AGENDA

WEDNESDAY, MARCH 4

11:30AM - 5:00PM

Conference Registration

12:30PM - 4:30PM

Pre-Conference Workshops (separate registration fee)

Workshop #1 - Palliative Care: Bootcamp for the APRN

- Clareen Wiencek, PhD, RN, ACNP

All APRNs should provide primary palliative care. This workshop will provide knowledge and skill development across primary and acute settings.

1.66 Pharmacology Credits 1.83 Non-pharmacology Credits

Workshop #2 - Radiology: Chest and Abdominal X-ray: Honing Your Skills

- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP

This session is designed to help the NP interpret Chest and Abdominal X-rays.

0.0 Pharmacology Credits 3.5 Non-pharmacology Credits

Workshop #3 - Bracing & Splinting for Orthopedic Complaints

- Shannon Nicholson, DNP, FNP-BC, RNFA

In this session we will review uses for different types of over-the-counter braces to include indication and application. I will also review basic splinting with hands on demonstration.

0.0 Pharmacology Credits 3.5 Non-pharmacology Credits

Workshop #4 - What's Going on Down There?: Identifying Common Vulvar Dermatology

- Shaughanasee Vines, DNP, CNM

Ever had trouble figuring out what your patient's "bump down there" is? This session will review the most common vulvar dermatology conditions and their clinical management.

0.5 Pharmacology Credits 3.0 Non-pharmacology Credits

Workshop #5 - VCNP 101: New Leader Orientation - Free (registration requested)

- HoChong Gilles, DNP, FNP-C

Description TBD

0.0 Pharmacology Credits 2.0 Non-pharmacology Credits

2:15PM - 2:30PM

Break

5:00PM - 7:00PM

Board of Directors Meeting

7:00PM - 9:00PM

Opening Reception with Exhibitors & Poster Presentations

THURSDAY, MARCH 5

7:00AM - 5:30PM

Conference Registration

7:00AM - 8:00AM

Continental Breakfast with Exhibitors

8:00AM - 9:15AM

General Session

New Drug Update 2020: What's Hot and What's Not

- Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP

Keeping up with new medications, particularly given the recent trend towards direct to consumer advertising, is one of the true challenges of primary care. Presentation will focus on the top new, widely used medications, including their appropriate uses, adverse effects and drug interactions.

1.25 Pharmacology Credits 0.0 Non-pharmacology Credits

9:15AM - 10:30AM

General Session

Treating Anxiety Disorders in Primary Care

- Lyons Hardy, PMHNP & Allison Gregory, FNP

This session will provide an overview of the treatment of anxiety disorders in primary care settings. Diagnostic and medication treatment considerations will be discussed using a variety of teaching techniques.

1.0 Pharmacology Credits 0.25 Non-pharmacology Credits



2020 ANNUAL CONFERENCE

AGENDA

THURSDAY, MARCH 5 (CONT.)

10:30AM - 11:00AM Break with Exhibitors & Poster Presentations

11:00AM - 12:15PM Breakout Sessions

Women's Health When the Woman is a Warrior

- Patrice Malena, MS, FNP-BC & Kelly Owens, MS, WHNP-BC, PMHNP-BC

Virginia is home to one of the fastest growing populations of women Veterans in the nation, with more to come! Many women Veterans (up to 80%) are seen in the community AND the VA. The woman you are seeing today, may have served in the military, and may have service-connected physical and mental health conditions. This session will include an overview of Virginia's Women Veterans, including the possibility of their special physical and/or mental health needs. Join this PMHNP and FNP who work with WVs in Hampton to learn more!

0.25 Pharmacology Credits 1.0 Non-pharmacology Credits

Pediatrics Managing Growth Plate Injuries

- Shannon Nicholson, DNP, FNP-BC, RNFA

In the session, we will review, pediatric growth plate injury to include assessment and physical examination with plan development focused on evidence.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

Acute Care Diagnostic Triage for Acute Back Pain

- Crystal Allen, MSN, RN, AGACNP-BC

Diagnostic Triage for Acute Back Pain serves to provide the Advanced Practice Provider with the tools to evaluate acute back pain, identify common spinal pathologies, and determine the need for emergency surgical referral.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

Generalist What You, the Practitioner, Need to Know About Transitioning Young Adults with Chronic Illness to Adult Health Care; the Pediatric and Adult Provider Perspective

- Sara Hallowell, DNP, RN, CPNP & Bethany Coyne, PhD, CPNP-PC

This session will provide a review of the current state of transition for youth with chronic illness and successful transition indicators. The role of both the pediatric and adult provider will be described.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

Mental Health The Hidden Public Health Crisis: Adverse Childhood Experiences

- Beth Dekonink, DNP, NP-C, APRN-BC

This presentation will examine the impact of adverse childhood experiences on the health of our population and encourage nurse practitioners to reflect on how their personal practice addresses this public health crisis.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

2:00PM - 2:30PM Break with Exhibitors & Poster Presentations

2:30PM - 3:45PM General Session

State of APRNs

- Robin Hills, DNP, WHNP-BC, Terri Clinger, DNP, MSN, CPNP-PC

The state of APRNs from national and local perspectives will be presented. An update on Virginia regulations related to NP practice to include NP autonomous practice will be provided. Common public inquiries will be highlighted.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

4:00PM - 5:15PM Breakout Sessions

Women's Health Use of Motivational Interviewing to Overcome Breastfeeding Barriers

- Leigh Anne Breckenridge, DNP, MSN, RN

A pilot project taught nurses motivational interviewing and proper use when assisting women overcoming breastfeeding barriers.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

Geriatric Clinical Lipidology Update 2020: New Life for Vascular EPA, Updated Clinical Guidelines and Vascular Imaging for Non-Cardiologists

- Gregory Pokrywka, MD, FACP, FNLA, FASCP

The updated ACC/AHA guidelines, and how to use coronary artery calcium scoring (strongly recommended in these same guidelines) properly differentiate [GP MD]. The results driven benefit (REDUCE-IT trial) of EPA-only icosapent ethyl, when compared with ineffective "fish oils" and other EPA/DHA combined products.

Treat [GP MD] Secondary and high risk for ASCVD events patients according to these new guidelines and help reduce the incredibly high risk of events in the hi triglyceride/ REDUCE-IT trial population, who experienced a 28% cvd event rate over 5 years of the study!

Pharmacology / non-pharmacology credits TBD



2020 ANNUAL CONFERENCE

AGENDA

THURSDAY, MARCH 5 (CONT.)

4:00PM - 5:15PM
(CONTINUED)

Acute Care Eating Bananas & Drinking Water

- Karl Koenig, MD

Case based discussion of the pathophysiology, diagnosis, complications, and treatment of hyperkalemia and hyponatremia.

0.33 Pharmacology Credits 0.92 Non-pharmacology Credits

Generalist Follow the Yellow Brick Road

- Morgan McDowell, MSN, WHNP-BC, AGPCNP-BC

Attendees to this presentation will review the 2019 American Urological Association updated guidelines on the treatment of overactive bladder. We review all types of treatment and review the pharmacology of the medications used to treat OAB. Case studies will be utilized.

0.42 Pharmacology Credits 0.83 Non-pharmacology Credits

Mental Health Healing From the Inside Out: Increasing Awareness of the Emotional Causes of Physical and Mental Diseases

- Evelyn Hall-Harris, ANP

This session is designed to increase the audience's awareness of the emotional cause of physical and mental diseases. Psychoneuroimmunology and its implication for nurses will be explored in detail.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

5:30PM - 7:00PM

Professional Issues Session

Access and Empanelment - Start Creating a High Performing Primary Care System

- Rebekah Compton, DNP, RN, FNP-BC

Balancing patient access needs and provider panel sizes are crucial to creating and sustaining a high performing primary care practice. Whether you own your practice or not, it is important to be able to assess your access and know your patient panel size, as well as, understand the nuances of your panel. The goal of this presentation is to introduce you to these concepts and give you tools to take back to your practice as you begin your journey to develop a high performing practice.

0.0 Pharmacology Credits 1.50 Non-pharmacology Credits

7:00PM - 7:30PM

Optional Dinner Symposium Registration

7:30PM - 8:30PM

Optional Dinner Symposiums - TBD

7:15PM - 8:30PM

Government Relations Committee - Dinner (Committee Members Only)

FRIDAY, MARCH 6

7:00AM - 5:00PM

Conference Registration

7:00AM - 8:00AM

Continental Breakfast with Exhibitors

8:00AM - 9:30AM

General Session: Leslie Herdegen Rohrer Memorial

Reimbursement: Foundation of Fiscal Responsibility

- Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP

APRNs who are proficient in documentation and coding will be invaluable to a practice whether their own or as an employee in an organization. APRNs need an understanding of CPT, ICD and documentation of MDI. Learn the tools to enhance documentation and reduce burden to have more time with patients and better work life balance. Lastly, learn how to reduce the likelihood of denials to affect the bottom line.

0.25 Pharmacology Credits 1.25 Non-pharmacology Credits

9:45AM - 10:45AM

General Session: Keynote Speaker

Fighting the Forces of Burnout: Safeguarding Joy in Work

- Pam Cipriano, PhD, RN, NEA-BC, FAAN

Health care delivery challenges are reducing joy in practice and fueling an epidemic of burnout among APRNs and clinician teams. Organizational and individual actions are needed to preventing burnout and promote clinician well-being and resilience.

0.0 Pharmacology Credits 1.0 Non-pharmacology Credits



2020 ANNUAL CONFERENCE

AGENDA

FRIDAY, MARCH 6 (CONT.)

10:45AM - 11:45AM Final Exhibit Hall

11:45AM - 1:00PM General Membership Lunch / Business Meeting, VCNP Awards & Basket Raffle

1:00PM - 2:00PM General Session

Medical Management of Transgender Health

- Stephanie Hartman, MD & Jessica Simmons, MD

Discussion of medical management of transgender patients as a primary care provider, including hormones.

0.25 Non-pharmacology credits 0.75 Pharmacology Credits

2:00PM - 2:15PM Break

2:15PM - 3:30PM Breakout Sessions

Women's Health Traditional and Complementary Health Approaches for Discomforts in Pregnancy

- Gini Weisz, PhD, WHNP

Pregnancy is a time for positive changes as well as discomforts for mothers. This session will assist the provider to advise prenatal clients about safe and effective traditional and complementary approaches to treat prenatal discomforts.

0.25 Pharmacology Credits 1.0 Non-pharmacology Credits

Pediatrics Dyslipidemias- Current Guidelines

- Leslie Perego, CPNP

Current guidelines regarding pediatric dyslipidemias. Learn how to identify and manage pediatric dyslipidemias and when to refer to a specialist.

Pharmacology / non-pharmacology credits TBD

Acute Care Atrial Fibrillation: Diagnosis & Treatment

- April Towler, NP-C

An overview of diagnosis and treatment options in the acute care patient with atrial fibrillation.

0.25 Pharmacology Credits 1.0 Non-pharmacology Credits

Generalist (Rapid Fire) Now What the A1C is Uncontrolled: Managing Diabetes Type 2 in a Primary Care Setting / Why HgbA1C is No Longer the Gold Standard for Measuring Diabetes Control

- Olivia Newby, DNP, FNP-BC, CDE & Dana Stallings, MSN, APRN, FNP-C, CDE, BC-ADM

This session will identify the shortcomings of the A1C level as the primary lab value for measuring diabetes and glucose control, and provide recommendations for more accurate monitoring to improve patient outcomes.

Pharmacology / non-pharmacology credits TBD

Mental Health Farm Stress: Beyond Climate Change

- Amy Johnson, DNP, FNP-C

Awareness of the mental health concerns of agriculturalists has increased recently. This session will provide an understanding of the stressors contributing to the mental decline and why this population provides a unique challenge to practitioners.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

3:45PM - 5:00PM Breakout Sessions

Women's Health Evaluation & Management of Mitral Valve Disease

- Lori McVay, DMSc, PA-C

This presentation provides NPs with the ability to recognize the patient with mitral valve disease and to describe the approach to evaluation and management. This presentation will cover normal mitral valve anatomy and the progression of mitral valve disease. Mitral regurgitation and mitral stenosis will each be discussed separately to include a review of the etiology, presentation, physical exam findings, evaluation, the frequency of echocardiogram, and management to include less invasive procedures of mitral balloon valvotomy and mitralclip as well as their indications. The presentation will conclude with a discussion of clinical outcomes and adverse events of patients undergoing mitralclip and mitral balloon valvotomy.

Pharmacology / non-pharmacology credits TBD

Geriatric (Rapid Fire) Lung Cancer Screening & Colon Cancer Screening

- Aimee Strong, DNP, AGACNP-BC & Kim Richards, MSN, RN, FNP-BC, CGRN

An overview of latest recommendations including traditional screening, Cologuard, FIT testing, and Virtual Colonography.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits



2020 ANNUAL CONFERENCE

AGENDA

FRIDAY, MARCH 6 (CONT.)

3:45PM - 5:00PM
(CONTINUED)

Acute Care Precision Medicine, Biomarkers & Genomics in Acute Care

- Christine Kessler, MN, ANP-BC, CNS, BC-ADM, CDTC, FAANP

This lively session will examine the expanding field of genomic medicine (pharmacogenomics and biomarkers) and demonstrate how it's clinical integration can help more precisely evaluate, diagnose, manage and prevent selected acute and chronic medical conditions.

0.50 Pharmacology Credits 0.75 Non-pharmacology Credits

Generalist Common Rashes and Novel Treatment Options

- Deborah Quinn, DNP

A review of the most common rashes in primary care. Recognize the presentation & distribution of skin rashes. Provide pharmacological treatment for common skin rashes. Provide an update on novel treatments of skin rashes.

0.50 Pharmacology Credits 0.75 Non-pharmacology Credits

Mental Health Nurse Heal Thyself: Building Resiliency and Cultivating Caring in Everyday Practice

- Dana Burns, DNP, FNP-BC

When we make the time to take care of ourselves, our potential is limitless. We will explore theoretically driven, evidence based mindfulness interventions to reduce stress, increase compassionate caring, and revitalize your clinical practice.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

5:00PM - 5:30PM

Optional Dinner Symposium Registration

5:30PM - 6:30PM

Optional Dinner Symposia - TBD

SATURDAY, MARCH 7

7:00AM - 8:00AM

Conference Registration

7:00AM - 8:00AM

Continental Breakfast

8:00AM - 9:15AM

Professional Issues Session

Precepting

- Rhonda Arthur, CNM, WHNP-BC, FNP-BC, CNE, & Tonya Nicholson, DNP, CNM

This presentation emphasizes the importance of precepting and lays the groundwork on how to effectively get started precepting and gives participants tools to help them become effective preceptors.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

9:15AM - 10:30AM

General Session

CBD

- Nikita Duke, DNP, PMHNP-BC

Defining CBD and reviewing possible benefits and risks for mental health.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

10:30AM - 10:45AM

Break

10:45AM - 12:00PM

General Session

Identifying Victims of Human Trafficking in the Health Care Setting

- Betsy Hutson, Trial Lawyer

This session will provide an overview of human trafficking in the United States, deconstruct common misconceptions and myths about human trafficking, discuss the vital role that health care professionals play in identifying and combating human trafficking, and review two case examples - one civil, and one criminal.

0.0 Pharmacology Credits 1.25 Non-pharmacology Credits

2020 VCNP ANNUAL CONFERENCE

REGISTRATION

PAYMENT BY CREDIT CARD AVAILABLE ONLINE ONLY AT VCNP.NET.

Name _____ Credentials (ex. RN, MSN, etc.) _____

Specialty _____ Region _____

Practice Setting ☐ Urban ☐ Suburban ☐ Rural ☐ Military/Gov't ☐ University ☐ School ☐ Other

Mailing Address _____

City/State/Zip _____

Telephone _____ Fax _____

Email (REQUIRED) _____ Membership # _____

STUDENTS — Those registering as STUDENTS must include a copy of a student ID or class schedule to verify full time status. The student conference rate only applies to students who are currently VCNP student members. Nurse practitioners who have returned to school to pursue either a PhD or DNP and are full VCNP members cannot register at the student conference rate.

REFUNDS/SUBSTITUTIONS — Refund requests must be submitted in writing and received by 1/15/20. A \$25 administrative fee will be deducted from such requests. No refunds will be made after 1/15/20. Refunds will be determined by date written cancellation is received. Registration fee includes beverage breaks, continental breakfasts, membership lunch and opening reception.

Please mark all choices carefully (Circle appropriate amounts, check appropriate boxes and fill in blanks) and be sure to total choices at the far right hand column and bottom of form.

REGISTRATION OPTIONS (ALSO AVAILABLE ONLINE AT VCNP.NET)

Item	Member Early*	Member Late	Non-Member Early*	Non-Member Late	Student Early*	Student Late	Total
<input type="radio"/> Full Conference Fee (3/5 - 3/7)	\$375	\$425	\$525	\$575	\$225	\$250	_____
<input type="radio"/> One Day Conference Fee <input type="radio"/> 3/5 <input type="radio"/> 3/6 <input type="radio"/> 3/7	\$235	\$275	\$275	\$335	\$125	\$125	_____

*To qualify for the early rate listed, you must register before or on 1/15/20. Any registrations following this date will be charged the late rate.

☐ Opening Reception with Exhibitors (Wednesday, March 4) FREE _____

☐ Continental Breakfast (Thursday, March 5) FREE _____

☐ Continental Breakfast (Friday, March 6) FREE _____

☐ General Membership Lunch & Awards Ceremony (Friday, March 6) FREE _____

☐ Continental Breakfast (Saturday, March 7) FREE _____

☐ Pre-Conference Workshops (See second page of form to calculate additional total) _____

☐ NP Scholarship Fund Donation (Donations can be made by credit card online, or by check) _____

☐ VCNP Political Action Committee Donation (Donations can be made by credit card online, or by check. Donations to the VCNP PAC are not tax deductible.) _____

GRAND TOTAL _____

☐ First Time Attendee ☐ Vegetarian Meals Required ☐ Gluten-Free Meals Required

How did you learn about the conference? ☐ Brochure ☐ Email ☐ Website ☐ Colleague Referral ☐ Other _____

Make all checks out to VCNP Conference 2020, 250 West Main Street, Suite 100, Charlottesville, VA 22902.

If you do not receive a confirmation letter from the VCNP office within 30 days of submitting your registration form, please call the office to confirm that your registration material has been received at (434) 977-3716. By registering for this event, you acknowledge and agree to grant VCNP the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.

2020 VCNP ANNUAL CONFERENCE

REGISTRATION

SESSIONS ARE AVAILABLE ON A FIRST COME, FIRST SERVE BASIS

Please indicate your selections as a first, second and third choice to the left of each title. If all of your choices are sold out, you will receive an e-mail notification from the VCNP office presenting you with other options. Please enter the total amount due (where applicable) for your selections. There will be a \$50 late fee after January 15, 2020.

Name _____ Email _____

WEDNESDAY, MARCH 4

Pre-Conference Workshops:

	Before 1/15/20	After 1/15/20	
<input type="radio"/> Palliative Care: Bootcamp for the APRN	\$100	\$115	_____
<input type="radio"/> Radiology: Chest and Abdominal X-ray: Honing Your Skills	\$100	\$115	_____
<input type="radio"/> Bracing & Splinting for Musculoskeletal Complaints	\$130	\$145	_____
<input type="radio"/> What's Going on Down There?: Identifying Common Vulvar Dermatology	\$100	\$115	_____
<input type="radio"/> VCNP 101: New Leader Orientation	FREE	FREE	_____

*To qualify for the early rate listed, you must register before or on 1/15/20. Any registrations following this date will be charged the Late rate.

TOTAL _____

THURSDAY, MARCH 5

Please indicate your selections as a **first, second** and **third** choice.

11:00 AM - 12:15 PM

- ☐ Women's Health: When the Woman is a Warrior
- ☐ Pediatrics: Managing Growth Plate Injuries
- ☐ Acute Care: Diagnostic Triage for Acute Back Pain
- ☐ Generalist: What You, the Practitioner Needs to Know About Transitioning Young Adults with Chronic Illness to Adult Health Care; the Pediatric and Adult Provider Perspective
- ☐ Mental Health: The Hidden Public Health Crisis: Adverse Childhood Experiences

4:00 PM - 5:15 PM

- ☐ Women's Health: Use of Motivational Interviewing to Overcome Breastfeeding Barriers
- ☐ Geriatric: Clinical Lipidology Update 2020: New Life for Vascular EPA, Updated Clinical Guidelines and Vascular Imaging for Non-Cardiologists
- ☐ Acute Care: Eating Bananas & Drinking Water
- ☐ Generalist: Follow the Yellow Brick Road
- ☐ Mental Health: Healing From the Inside Out: Increasing Awareness of the Emotional Causes of Physical and Mental Diseases

FRIDAY, MARCH 6

Please indicate your selections as a **first, second** and **third** choice.

2:15 PM - 3:30 PM

- ☐ Women's Health: Traditional and Complementary Health Approaches for Discomforts in Pregnancy
- ☐ Pediatrics: Managing Pediatric Dyslipidemia
- ☐ Acute Care: Atrial Fibrillation: Diagnosis & Treatment
- ☐ Generalist: (Rapid Fire) Now What the A1C is Uncontrolled: Managing Diabetes Type 2 in a Primary Care Setting / Why HgbA1C is No Longer the Gold Standard for Measuring Diabetes Control
- ☐ Mental Health: Farm Stress: Beyond Climate Change

3:45 PM - 5:00 PM

- ☐ Women's Health: Evaluation & Management of Mitral Valve Disease
- ☐ Geriatric: (Rapid Fire) Lung Cancer Screening & Colon Cancer Screening
- ☐ Acute Care: Precision Medicine, Biomarkers & Genomics in Acute Care
- ☐ Generalist: Common Rashes and Novel Treatment Options
- ☐ Mental Health: Nurse Heal Thyself: Building Resiliency and Cultivating Caring in Everyday Practice

NEEDS ASSESSMENT & OBJECTIVES

The Virginia Council of Nurse Practitioners (VCNP) is a non-profit 501(c)6 organization with nearly 1,800 members. The organizational mission is to facilitate the advancement of the nurse practitioner (NP) profession, enhance continuing professional development through local meetings and the state conference. VCNP leadership promotes political advocacy to influence state and national health policy. The objectives of the VCNP Annual Conference are to provide an educational curriculum and enhance the knowledge and skills of NPs in varied practice roles. The conference also offers collegial networking opportunities, emerging trends in practice management and highlights political issues affecting NP roles and practice. VCNP is committed to providing education for NPs. Educational needs are identified through surveys, practice pattern analysis, previous contact hours activity evaluations, current practice issues and emerging technology. The conference curriculum is developed by the conference planning committee comprised of NP representatives from the regions, the VCNP President, President-Elect and the Conference Chair. It is anticipated that over 500 NPs will be in attendance at the 2020 Annual Conference held at the Hilton Norfolk The Main, March 4-7, 2020. The Virginia Council of Nurse Practitioners is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours and Pharmacology hours will be available at this conference. Conference participants will have the opportunity to earn up to **21 contact hours (pending approval)**. Accessing educational grant monies and industry support is critical to the organization's ability to continue to offer a superior and affordable educational program for NPs throughout the state of Virginia. Educational grant monies help make possible a quality educational program enhancing NP knowledge and skills, which promote improved patient care and health outcomes.

Prior to arrival, download and print any available session materials you would like to bring with you. Presentations can be downloaded from vcnp.net.

2020 ANNUAL CONFERENCE FACULTY

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