



VIRGINIA COUNCIL OF NURSE PRACTITIONERS 2019 ANNUAL CONFERENCE

MARCH 6-9 | HOTEL ROANOKE & CONFERENCE CENTER | ROANOKE, VA

VIRGINIA COUNCIL OF NURSE PRACTITIONERS
250 West Main Street, Suite 100, Charlottesville, VA 22902 | 434.977.3716 | vcnp.net
PARTNERS FOR A HEALTHIER TOMORROW



LETTER FROM THE PRESIDENT

Dear Nurse Practitioner Colleagues & Students,

Welcome to the Virginia Council of Nurse Practitioners 2019 Conference! The VCNP is proud to sponsor our annual conference that provides educational and networking opportunities to foster the professional development of nurse practitioners across the Commonwealth. Our goal in hosting this conference is to provide the highest quality program to expand the clinical knowledge and advocate for advanced practice nursing by offering a variety of evidenced-based presentations and regulatory updates pertaining to HB 793. Participants will have a wonderful opportunity to ask questions and interact with experts from the Board of Nursing.

The VCNP Conference Committee, chaired by Denise Chernitzer, has organized this year's conference. Along with Denise, the Conference Committee consists of representatives serving from all regions. The Conference Committee has planned an impressive agenda with state and nationally recognized speakers. The conference provides a number of pharmacy and non-pharmacologic credits for attendees in pre-conference workshops, general sessions and specialty education tracts in acute care, women's health, mental health, pediatrics and primary care. Attendees may overlap courses from these various tracts. We encourage attendees to register early to reserve their desired sessions.

We are pleased to offer VCNP members a discounted rate to the conference. VCNP 101: New Leader Orientation will again be offered as a pre-conference workshop. This will provide an orientation for in-coming board members to the organization. We invite anyone who desires to learn more about VCNP or is interested in serving at the regional or state level. As always, we welcome all non-members and nurse practitioners from neighboring states to attend.

We look forward to the Blue Ridge Region hosting the 2019 VCNP Conference in Roanoke. Take advantage of the many activities and sights that the area has to offer. VCNP will also be celebrating its 45th anniversary this year! Please join us at the Gala reception to honor the history and past accomplishments of our professional organization. We look forward to seeing you there!

Sincerely,
HoChong Gilles, DNP, FNP
President, Virginia Council of Nurse Practitioners



HoChong Gilles, RN, MS, FNP

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Association Coordinator

THE VCNP MISSION

To facilitate the advancement and foster the professional growth of nurse practitioners, and to advocate for the improvement of health and access to care for all Virginians.

BRING YOUR CHECKBOOK TO THE CONFERENCE!

All 2019 conference attendees will have an opportunity to donate to the VCNP Political Action Committee (PAC) during the General Membership Luncheon. PAC contributions will be distributed to legislators who are supportive of VCNP issues such as Full Practice Authority and who sit on committees that hear legislation pertaining to NP practice. All contributions to legislators are made on a bipartisan basis. Help us continue to build relationships with our elected officials. Help us get our message out!

Donations to the VCNP PAC are not tax deductible.

ANNUAL RAFFLE SCHEDULED

VCNP will have its Annual Raffle to benefit the NP Scholarship Fund with each region providing a special basket!

2019 ANNUAL CONFERENCE

Virginia Council of Nurse Practitioners (VCNP) invites you to attend the 2019 Annual Conference at the Hotel Roanoke & Conference Center in Roanoke, VA. VCNP is continuing to offer Online conference registration, online session evaluations and an attendee portal that will allow attendees to access speaker presentations online before and after the conference.

This year's program will feature several general sessions, concurrent specialty interest sessions, optional pre-conference workshops, breakfast sessions, rapid fire concurrent sessions, lunch sessions, and the exhibit hall featuring the latest information on patient products and services. Professional networking activities include the poster sessions, opening reception and the Annual Meeting with the VCNP Board, including a professional issues presentation.

NETWORKING OPPORTUNITIES

Take advantage of opportunities to extend learning beyond the classroom by spending time with colleagues to exchange ideas, ask questions and share your knowledge during the continental breakfasts and breaks. Be sure to visit the exhibit hall to learn about the latest industry products and services. Join us on Wednesday for the Opening Reception at 7:00 PM and attend the Annual Meeting with the Board during the lunch session on Friday for more VCNP updates from the organization's leaders. Special this year, join us Friday evening at 7 PM for a 45th Anniversary Gala to celebrate 45 years of VCNP!

CONTACT HOURS

Virginia Council of Nurse Practitioners is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Conference participants will have the opportunity to earn up to **21 contact hours** (pending approval) based on attendance of a pre-conference workshop and the entire conference.

HOTEL RESERVATION INFO

Group rates starting at \$169/night!

Plus state and local taxes and applicable hotel fees.

Visit the VCNP website at www.vcnp.net and look for the 2019 conference information under the "Events" heading. Under the conference links you can make your online booking with the Hotel Roanoke & Conference Center.

Reservations must be made directly with the Hotel Roanoke & Convention center, **NOT** VCNP Headquarters.

2019 ANNUAL CONFERENCE PLANNING COMMITTEE

Denise Chernitzer, RN, MSN, CPNP
Chairperson

HoChong Gilles, RN, MS, FNP
President

Becky Compton, DNP, RN, FNP-BC
President-Elect

Maribeth Capuno, RN, MSN, ANP-BC
Blue Ridge

Rachel Bryant, MSN, NP-C, RN
Lynchburg

Morgan McDowell, MSN, AG-PCNP-BC, WHNP-BC
Lynchburg

Cathy Tierney, LNP
Northern Virginia

Julie Lear, MSN, RN, CCRN
Peninsula

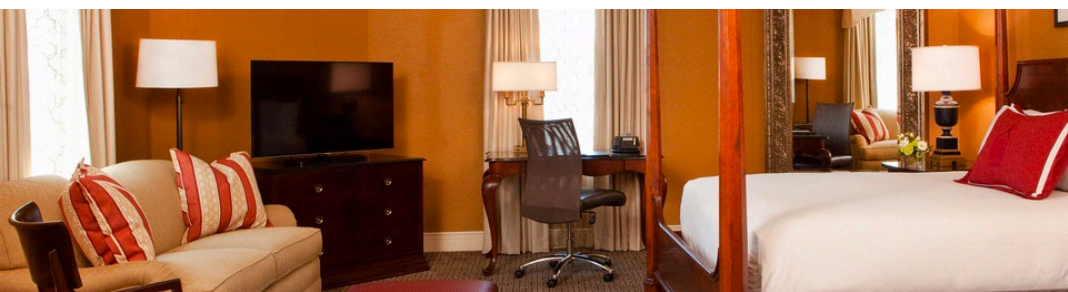
Mary Deivert, ACNP
Piedmont

Debbie Dellinger, MSN, RN, ACNP-BC
Richmond

Lydia 'Kay' Shelton, MSN, MBA, WHNP/FNP
Southside

Alysia Pack, FNP-C
Tidewater

Helen Willis, ACNP
Subcommittee Chair



PROGRAM

WEDNESDAY, MARCH 6

10:00 AM - 5:00 PM

Conference Registration

12:30 - 4:30 PM

Pre-Conference Workshops

CONCURRENT WORKSHOPS

Workshop #1

(0.5 Non-Pharmacology credits / 3.0 Pharmacology credits)

Lab Test With a Pharm Focus*Barb Bancroft, RN, MSN, PNP*

Barb will discuss common drug classes and their effect on important lab tests. Numerous drug cause electrolyte disturbances, influence platelet counts, cause neutropenia, and elevate liver enzymes. "Stacking" drugs can potentiate the problem.

Workshop #2

(3.5 Non-Pharmacology credits / 0.0 Pharmacology credits)

Assessment & Differentiation of Musculo-Skeletal Pain: Would Physical Therapy Be Appropriate?*Michael Satterly, DPT*

In this workshop we hope to provide a quick screen for NPs to be able to assess the likelihood of a musculoskeletal patient needing an orthopedic referral vs a referral to physical therapy for intervention.

Workshop #3

(3.0 Non-Pharmacology credits / 0.5 Pharmacology credits)

ADVANCED PAY WORKSHOP: Suturing 101*Rosie Taylor-Lewis, DNP, ANP-BC, GNP*

Skills workshop will provide student NPs and practicing NPs, knowledge and hands-on experience with suturing and will include the assessment, management and pharmacological considerations for this procedure in an office setting.

Workshop #4

(3.5 Non-Pharmacology credits / 0.0 Pharmacology credits)

Traumatic Injuries of the Spine: Treatment Strategies and Options*Cindy Zerfoss, DNP, RN, ACNP-BC*

This program provides an overview of spine injury and treatment strategies and will focus on nonsurgical strategies for spine healing. Braces/collars will be available for the participant to become familiar with including patient instructions.

Workshop #5

(0.0 Non-Pharmacology credits / 0.0 Pharmacology credits)

VCNP 101: New Leader Orientation (2:00 - 4:00 PM)*HoChong Gilles, DNP, FNP*

VCNP leadership invites anyone interested in becoming more involved at the local or state level, or anyone who is a current leader looking for a refresher, to attend this redesigned program to learn about the organization and meet other members.

2:15 - 2:30 PM

Break

5:00 - 7:00 PM

Board of Directors Meeting - Board Members Only

7:00 - 9:00 PM

Opening Reception/Posters/Exhibit Hall

THURSDAY, MARCH 7

7:00 AM - 5:30 PM

Conference Registration

7:00 - 8:00 AM

Continental Breakfast

8:00 - 9:15 AM

General Session

(1.25 Non-Pharmacology credits / 0.0 Pharmacology credits)

Nurse Practitioner Reimbursement Landscape*Frank Harrington, Director of Reimbursement & Regulatory Affairs, AANP*

This session will provide an overview of the national reimbursement landscape and the role that nurse practitioners will play moving forward.

9:15 - 10:30 AM

General Session

(0.25 Non-Pharmacology credits / 1.0 Pharmacology credits)

It's Not Just "arn-poor" Blood*Barb Bancroft, RN, MSN, PNP*

Focuses on the practical application of using various lab tests for diagnosing anemias. Do you really need to do the MCH, MCHC with the MCV? What does the RDW tell you? When would you order a hemoglobin electrophoresis? What drugs cause anemia? What B vitamin deficiency is the number one cause of nutritional deficiency associated with a megaloblastic anemia? What role does diet play in anemias in kids versus anemias in adults...

10:30 - 11:00 AM

Exhibit Hall/Break

Conference participants will have the opportunity to earn up to 21 credits. (pending approval)

11:00 AM - 12:15 PM

CONCURRENT
BREAKOUT SESSIONS

BREAKOUT SESSIONS

ACUTE CARE

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Angiodema: Is this ACEI induced or Allergic Reaction

Kimberly Marshall, AG-ANCP, BC

This presentation will discuss, with a case example, the cause of Angioedema related to ACE-I induced or allergy. Participants will learn how to identify the difference of the two by understanding the pathophysiology, physical exam findings, treatment options, and the pharmacology related to the treatment options.

GENERALIST

(1.25 Non-Pharmacology credits / 0.0 Pharmacology credits)

Group Visits in Primary Care

Reagan Thompson, DNP, FNP-C

The who, what, why and where of developing group visits in a primary care setting.

MENTAL HEALTH

(1.25 Non-Pharmacology credits / 0.0 Pharmacology credits)

Add 7.5 Years to Brainspan with MIND Diet and SAGE Cognition

Patricia Carter, J.D., BSME

Alzheimer's pathology begins in most everyone after age 40. Prevention is the new treatment. Use SAGE to detect MCI due to ANY condition; then MIND diet to reduce AD 53% and delay cognitive decline 7.5years.

PEDIATRIC

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Concussions in Primary Care

Suzan Shible, DNP, CNP, FNP-BC, CIC

NPs are at the front line of primary care. Knowledge of signs and symptoms of concussions is essential. Knowing which injuries need to be referred to a concussion clinic is necessary to prevent prolonged recoveries.

WOMEN'S HEALTH

(0.25 Non-Pharmacology credits / 1.0 Pharmacology credits)

Psychotropics During Pregnancy and Lactation

Lyons Hardy, CNS, NP; Olivia Reichenbacher, DNP, PMHNP

This presentation will focus on the use of psychotropic medications to treat psychiatric disorders during pregnancy and lactation. Medication classes to be explored include antidepressants, antipsychotics, mood stabilizers, hypnotics and anxiolytics, and other miscellaneous medications.

12:30 - 2:00 PM

Lunch Session: Janssen Pharmaceuticals

Advances in the Management of CAD/PAD: A New Treatment for Thrombotic Risk Reduction

Diane Wirth, ANP-BC, CACP / TO RSVP FOR THIS LUNCH VISIT www.esvw.com/rsvp/vcnp/janssen

Exhibit Hall/Break

General Session

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

The Microbiome in Health and Chronic Disease

Christine Kessler, MN, ANP-C, CNS, BC-ADM, FAANP

This session will explore the remarkable interaction of the microbiome, immunologic responses, gut incretins (hormones), and bidirectional gut-brain neuropeptide influences on ALL body systems and contribution to the development of chronic disease and psychological disorders. Armed with an understanding of the gut's vital impact, attendees will learn reality-based strategies to help mitigate disease risk and promote health & well-being that will be relevant for both personal and patient benefit.

4:00 - 5:15 PM

CONCURRENT
BREAKOUT SESSIONS

BREAKOUT SESSIONS

ACUTE CARE

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

Identifying and Treating Sepsis

Chris Daley, RN, MSN, FNP-C

This session will provide an update to the current identification and treatment of sepsis. We will focus on identification and treatment of sepsis, causes of sepsis and SIRS, morbidity and mortality. Case studies will be presented and discussion of patient management will be presented.

GENERALIST

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

Cardio-Oncology: The New Frontier

Linda Hart, ACNP-BC, AACC

Cancer and heart disease are the two leading causes of death in the US. Of the more than 14.5 million cancer survivors in the US, at least twenty percent will develop cardiovascular disease in their lifetime. This session will increase knowledge around the diagnosis, management and treatment strategies for patients who are newly diagnosed with cancer and those who have undergone past treatments to reduce cardiovascular disease.

MENTAL HEALTH

(0.5 Non-Pharmacology credits / 0.75 Pharmacology credits)

Substance Abuse Disorders: Neuroscience and the Nursing Process

Michelle Tsai, PMHNP-BC

Substance use disorders are characterized by stages of binge/intoxication, withdrawal/negative affect, and preoccupation/anticipation. The nursing process can translate neuroscience into evidence-based practice. Learn how pharmacology targets the neuroscience of substance use disorders.

PEDIATRIC

(1.25 Non-Pharmacology credits / 0.0 Pharmacology credits)

Diagnosis, Evaluation & Management of UTIs in Children

Susie Leroy, CPNP-PC; Bethany Coyne, PhD, CPNP, RN

This talk will discuss the current guidelines for diagnosis of urinary tract infection in pediatric patients including the distinction between acute cystitis and pyelonephritis, appropriate laboratory studies (and collection methods), evaluation by radiologic studies, and development of a treatment plan for pediatric patients of different ages. It will differentiate the patients that are appropriate for further evaluation and treatment or may be appropriate for referral to a specialist.

WOMEN'S HEALTH

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Osteoporosis: Preventing, Screening, & Treatment

Kathleen Putnam, PhD

This session will define osteopenia and osteoporosis, and review bone remodeling. It will also describe the prevalence of osteoporosis, screening recommendations, risk factors for development of osteoporosis, prevention strategies, and pharmacological treatment.

Conference participants will have the opportunity to earn up to 21 credits. (pending approval)

THURSDAY, MARCH 7 (cont'd.)

5:00 - 7:00 PM

Radford University Alumni & Preceptor Reception
The Quarter, Roanoke, VA; RSVP Gini Weisz (vweisz@radford.edu)

5:30 - 7:00 PM

Topics in Professionalism

(1.5 Non-Pharmacology credits / 0.0 Pharmacology credits)

Navigating the Mentoring Odyssey*Rebecca Bates, DNP, APRN, FNP-C*

Mentoring is a challenging journey for the mentor and mentee and is a bi-directional relationship that supports the needs of both. This presentation explores the bi-directional relationship and potential applications to practice.

6:30 - 7:00 PM

Optional Dinner Symposium Registration

7:00 - 8:00 PM

Optional Dinner Symposium (3)

7:00 - 8:00 PM

Government Relations Committee Dinner - GR Committee Only

FRIDAY, MARCH 8

7:00 AM - 5:00 PM

Conference Registration

7:00 - 8:00 AM

Continental Breakfast

8:00 - 9:30 AM

General Session

(1.5 Non-Pharmacology credits / 0.0 Pharmacology credits)

Leslie Herdegen Rohrer Memorial: Nurse Practitioner Regulatory Update*Robin Hills, DNP, WHNP-BC, CNE; Jay Douglas, MSM, RN, CSAC, FRE*

An update to Virginia law and regulations related to NP practice will be presented with an emphasis on NP autonomous practice resulting from the passage of HB 793. The status of regulatory actions will also be provided.

9:45 - 10:45 AM

Keynote Speaker

(1.0 Non-Pharmacology credits / 0.0 Pharmacology credits)

Changing Minds and Changing Policy to Improve Access to Primary Care in Virginia*Peter Buerhaus, PhD, RN, FAAN, FAANP*

Dr. Buerhaus will review studies of the contributions of the primary care nurse practitioner workforce, offer suggestions to overcome restrictive state SoP laws affecting nurse practitioners, and outline strategies NPs can undertake to inform public policymakers.

10:45 - 11:45 AM

Final Exhibit Hall

11:45 AM - 1:00 PM

General Session

General Membership Lunch: State of the Union & Business Meeting*HoChong Gilles, DNP, FNP*

1:00 - 2:00 PM

Professional Issues Session

(1.0 Non-Pharmacology credits / 0.0 Pharmacology credits)

Futuristic Healthcare*Judy Jenks, DNP, FNP-BC*

From rural to worldwide implications, an introduction to blockchain internet, medical coins, artificial intelligence, robotics, virtual reality and other dynamic innovations which may prove to be the most important developments in the history of medicine.

2:00 - 2:15 PM

Break

2:15 - 3:30 PM

BREAKOUT SESSIONS**ACUTE CARE**

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Updates on ARDS through Case Presentations*Charlotte Thomas, DNP-DNES, RN, AGACNP-BC, CCRN*

Latest updates on guidelines regarding ARDS management and using case studies.

GENERALIST

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Obesity & Weight Management*Carole Everhart, CSOWM, DNP, FNP-BC*

This program addresses the scope of obesity in the US, reviews various treatment options and suggests methods to incorporate these concepts in a primary health care practice.

MENTAL HEALTH

(0.25 Non-Pharmacology credits / 1.0 Pharmacology credits)

Using Psychotropics in Primary Care*Lyons Hardy, CNS, NP; Allison Gregory, MS, RN, FNP-BC*

This session is a primer on psychotropic medications for novice NPs in primary care settings who feel unprepared for the amount of mental health care they are expected to provide.

PEDIATRIC

(1.25 Non-Pharmacology credits / 0.0 Pharmacology credits)

Pediatric Orthopedics*Shannon Nicholson, DNP, FNP-BC*

This will be a review of pediatric skeletal development and injuries. Current evidence on assessment and management of primary care and orthopedic specialty care will be reviewed.

WOMEN'S HEALTH

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Cervical Cancer: The Goldilocks Guide to Prevention and Screening*Rhonda Arthur, DNP, CNM, WHNP-BC, FNP-BC*

This session will review HPV prevention and the use of evidence-based guidelines in the appropriate screening and management of cervical cancer.

CONCURRENT
BREAKOUT SESSIONS

Conference participants will have the opportunity to earn up to 21 credits. (pending approval)

FRIDAY, MARCH 8 (cont'd.)

3:45 - 5:00 PM

BREAKOUT SESSIONS

CONCURRENT
BREAKOUT SESSIONS

ACUTE CARE

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

Non-Diabetic Endocrine Emergencies

Christine Kessler, MN, ANP-C, CNS, BC-ADM, FAANP

They are common, confusing, and often mimic other acute disorders---they are acute endocrinopathies. A delay in treatment aimed at the precise hormonal disorder is almost always lethal. Using case studies, of selected non-diabetic endocrine emergencies such as thyroid storm, myxedema coma, pheochromocytoma, acute hypopituitarism, and hyper- & hypocalcemia.

GENERALIST

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Not All That Shakes is Parkinson's: PD vs ET & More Than Caffeine for Brain Simulations (RAPID FIRE)

Debra Dellinger, MS, BSN, RN, ACNP-BC; Vince Mertz, DNP, FNP

Medications are not always effective or may have side effects. There are surgical options for treatment of tremors from Parkinson's Disease and Benign Essential Tremors.

MENTAL HEALTH

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

Role of IR in Pain Management & Palliative Care (RAPID FIRE)

Clareen Wiencek PhD, RN, ACNP, ACHPN; Allison Beasley, AGACNP-BC

This session will focus on the delivery of primary palliative care by all advanced practice nurses. The setting focus will be in the acute care setting. Primary level pharmacologic interventions will be discussed.

PEDIATRIC

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Diagnosing Asthma in Children Less Than Five Years Old

Grace Thapa, DNP, FNP-BC, AE-C

The purpose of this session is to have a discussion on diagnosing asthma among children less than 5 years old. To explore barriers to diagnosis and tools to help with diagnosis.

WOMEN'S HEALTH

(0.5 Non-Pharmacology credits / 0.75 Pharmacology credits)

Midlife Women's Forecast: Dry With High Heat

Beth Uzzle, MSN, CNM

The perimenopause is called "the change" for a reason. Women experience hormonal changes that impact sexual and general health. We review information to assist patients, and actions and indications for hormonal/pharmacological interventions.

5:00 - 5:30 PM

Optional Dinner Symposium Registration

5:30 - 6:30 PM

Optional Dinner Symposium

7:00 - 9:00 PM

45th Anniversary Gala Reception & Awards Ceremony

SATURDAY, MARCH 9

7:00 - 8:30 AM

Conference Registration

7:00 - 8:00 AM

Continental Breakfast

8:00 - 9:15 AM

General Session

(0.75 Non-Pharmacology credits / 0.5 Pharmacology credits)

Opioid Epidemic

Shelley Smith, DNP, APRN-BC

The Opioid Epidemic is a complex national challenge. This presentation reviews current management guidelines but also addresses curtailing the epidemic through a public policy approach, thereby allowing nurse practitioners to serve as advocates.

9:15 - 9:30 AM

Final Break

9:30 - 10:45 AM

General Session

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Fatty Liver Disease

Wendy Biddle, PhD, MSN, FNP-BC

Overview of fatty liver disease (FLD) spectrum including nonalcoholic steatohepatitis (NASH). Included: relationship to the metabolic syndrome, causes, complications, treatment (pharmacologic and non pharmacologic), assessment and diagnosis, referral indications, management, and current & future research.

10:45 AM - 12:00 PM

General Session

(1.0 Non-Pharmacology credits / 0.25 Pharmacology credits)

Electronic Cigarettes: Trends and Risks

Deborah Murren, FNP-BC

The use of electronic cigarettes and nicotine devices has rapidly increased among teens, young adults and tobacco smokers seeking to quit. This presentation will review the latest electronic devices, the risks, regulations and the NP's role counseling patients.

Conference participants will have the opportunity to earn up to 21 credits. (pending approval)

VCNP 2019 ANNUAL CONFERENCE

REGISTRATION

Payment by credit card available online only at vcnp.net.

Name _____ Credentials (ex. RN, MSN, etc.) _____

Specialty _____ Region _____

Practice Setting ☐ Urban ☐ Suburban ☐ Rural ☐ Military/Gov't ☐ University ☐ School ☐ Other _____

Mailing Address _____

City/State/Zip _____

Telephone _____ Fax _____

Email (REQUIRED) _____ Membership # _____

STUDENTS — Those registering as STUDENTS must include a copy of a student ID or class schedule to verify full time status. The student conference rate only applies to students who are currently VCNP student members. Nurse practitioners who have returned to school to pursue either a PhD or DNP, and are full VCNP members cannot register at the student conference rate.

REFUNDS/SUBSTITUTIONS — Refund requests must be submitted in writing and received by 1/15/19. A \$25 administrative fee will be deducted from such requests. No refunds will be made after 1/15/19. Refunds will be determined by date written cancellation is received. Registration fee includes beverage breaks, continental breakfast and planned lunch based on sponsorship.

Please mark all choices carefully (Circle appropriate amounts, check appropriate boxes and fill in blanks) and be sure to total choices at the far right hand column and bottom of form.

Registration Options (also available online at vcnp.net)

Item	Member Early*	Member Late	Non-Member Early*	Non-Member Late	Student Early*	Student Late	Total
<input type="checkbox"/> Full Conference Fee (3/7 - 3/9)	\$375	\$425	\$525	\$575	\$225	\$250	_____
<input type="checkbox"/> One Day Conference Fee <input type="checkbox"/> 3/7 <input type="checkbox"/> 3/8 <input type="checkbox"/> 3/9	\$235	\$275	\$275	\$335	\$125	\$125	_____

*To qualify for the early rate listed, you must register before or on 1/15/19. Any registrations following this date will be charged the Late rate.

- ☐ Opening Reception with Exhibitors (Wednesday, Mar. 6) FREE _____
- ☐ Continental Breakfast (Thursday, Mar. 7) FREE _____
- ☐ Non-CME Luncheon (Thursday, Mar. 7) BASED ON SPONSORSHIP FREE _____
- ☐ Continental Breakfast (Friday, Mar. 8) FREE _____
- ☐ General Membership Luncheon & Awards Ceremony (Friday, Mar. 8) FREE _____
- ☐ 45th Anniversary Gala Reception (Friday, Mar. 8) FREE _____
- ☐ Continental Breakfast (Saturday, Mar. 9) FREE _____
- ☐ Pre-Conference Workshops (See second page of form to calculate total) _____
- ☐ NP Scholarship Fund Donation (Donations can be made by credit card online, or by check) _____
- ☐ VCNP Political Action Committee Donation (Donations can be made by credit card online, or by check. Donations to the VCNP PAC are not tax deductible.) _____

GRAND TOTAL _____

☐ First Time Attendee ☐ Vegetarian Meals Required ☐ Gluten-Free Meals Required

How did you learn about the conference? ☐ Brochure ☐ Email ☐ Website ☐ Colleague Referral ☐ Other _____

Make all checks out to VCNP Conference 2019, 250 West Main Street, Suite 100, Charlottesville, VA 22902.

If you do not receive a confirmation letter from the VCNP office within 30 days of submitting your registration form, please call the office to confirm that your registration material has been received at (434) 977-3716. By registering for this event, you acknowledge and agree to grant VCNP the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.

VCNP 2019 ANNUAL CONFERENCE

REGISTRATION

Sessions are available on a first come, first serve basis.

Please indicate your selections as a **first**, **second** and **third** choice to the left of each title. If all of your choices are sold out, you will receive an e-mail notification from the VCNP office presenting you with other options. Please enter the total amount due (where applicable) for your selections. There will be a \$50 late fee after January 15, 2019.

Name _____ Email _____

WEDNESDAY, MARCH 6

	Member Early*	Member Late	
<input type="checkbox"/> Lab Test With a Pharm Focus	\$100	\$115	_____
<input type="checkbox"/> Assessment & Differentiation of Musculo-Skeletal Pain: Would Physical Therapy Be Appropriate?	\$100	\$115	_____
<input type="checkbox"/> Skills Workshop: Basic Suturing Plus	\$150	\$165	_____
<input type="checkbox"/> Traumatic Injuries of the Spine: Treatment Strategies and Options	\$100	\$115	_____
<input type="checkbox"/> VCNP 101: New Leader Orientation	FREE	FREE	_____
			TOTAL _____

*To qualify for the early rate listed, you must register before or on 1/15/19. Any registrations following this date will be charged the Late rate.

THURSDAY, MARCH 7

Please indicate your selections as a **first**, **second** and **third** choice.

11:00 AM - 12:15 PM

- ☐ **ACUTE CARE** Angiodema: Is this ACEI induced or Allergic Reaction
- ☐ **GENERALIST** Group Visits in Primary Care
- ☐ **MENTAL HEALTH** Add 7.5 Years to Brainspan with MIND Diet and SAGE Cognition
- ☐ **PEDIATRIC** Concussions in Primary Care
- ☐ **WOMEN'S HEALTH** Psychotropics During Pregnancy and Lactation

4:00 PM - 5:15 PM

- ☐ **ACUTE CARE** Identifying and Treating Sepsis: Update 2018 Guidelines
- ☐ **GENERALIST** Cardio-oncology: A New Frontier
- ☐ **MENTAL HEALTH** Substance Use Disorders: Neuroscience and the Nursing Process
- ☐ **PEDIATRIC** Diagnosis, Evaluation, and Management of UTIs in Children and Adolescence
- ☐ **WOMEN'S HEALTH** Osteoporosis: Prevention, Screening and Treatment

FRIDAY, MARCH 8

Please indicate your selections as a **first**, **second** and **third** choice.

2:15 PM - 3:30 PM

- ☐ **ACUTE CARE** Updates on ARDS through Case Presentations
- ☐ **GENERALIST** Obesity and Weight Management: Just a Numbers Game?
- ☐ **MENTAL HEALTH** Using Psychotropics in Primary Care
- ☐ **PEDIATRIC** Pediatric Orthopedics: A Review of the Evidence and Treatments
- ☐ **WOMEN'S HEALTH** Cervical Cancer: The Goldilocks Guide to Prevention and Screening

3:45 PM - 5:00 PM

- ☐ **ACUTE CARE** Non-diabetic Endocrine Emergencies: Expert Tips on Managing Acute Care Hormonal Horrors
- ☐ **GENERALIST** Not All That Shakes is Parkinsons: PD vs ET & More than Caffeine for Brain Simulations
- ☐ **MENTAL HEALTH** Role of Interventional Radiology in Pain Management and Palliative Care
- ☐ **PEDIATRIC** Diagnosing Asthma Among Children Less than Five Years Old
- ☐ **WOMEN'S HEALTH** Midlife Women's Forecast: Dry With High Heat Advisory

CONFERENCE FACULTY

Rhonda Arthur

DNP, CNM, WHNP-BC, FNP-BC

Barb Bancroft

RN, MSN, PNP

Rebecca Bates

DNP, APRN, FNP-C

Allison Beasley

MSN, RN, AGACNP-BC, CCRN

Wendy Biddle

PhD, MSN, FNP-BC

Peter Buerhaus

PhD, RN, FAAN, FAANP(h)

Patricia Carter

J.D., BSME

Chris Daley

RN, MSN, FNP-C

Debra Dellinger

MS, BSN, RN, ACNP-BC

Carole Everhart

CSOWM, DNP, FNP-BC

HoChong Gilles

DNP, FNP

Lyons Hardy

CNS, NP

Frank Harrington

Dir. of Reimbursement & Regulatory Affairs

Linda Hart

ACNP-BC, AACC

Robin Hills

DNP, WHNP-BC, CNE

Judy Jenks

DNP, FNP-BC

Christine Kessler

MN, ANP-C, CNS, BC-ADM, FAANP

Susie Leroy

MSN, CPNP-PC

Rosie Taylor Lewis

DNP, ANP-BC, GNP

Kimberly Marshall

AG-ACNP, BC

Deborah Murren

FNP-BC

Shannon Nicholson

DNP, FNP-BC

Kathleen Putnam

PhD

Michael Satterley

DPT

Suzan Shibla

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Shelly Smith

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Grace Thapa

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Reagan Thompson

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Michelle Tsai

DNP, PMHNP-BC

Cindy Zerfoss

DNP, RN, ACNP-BC



NEEDS ASSESSMENT & OBJECTIVES

“Overall this was a valuable educational opportunity.”

...

“This was one of the best conferences I have attended in the past several years.”

...

“The speakers were bright, engaging, and presented relevant and up to date clinical information.”

...

“Just such a great conference year after year!”

...

“The content of the sessions was diverse and applicable to all areas of my practice and interest.”

The Virginia Council of Nurse Practitioners (VCNP) is a non-profit 501(c)6 organization with nearly 1,800 members. The organizational mission is to facilitate the advancement of the nurse practitioner (NP) profession, enhance continuing professional development through local meetings and the state conference. VCNP leadership promotes political advocacy to influence state and national health policy. The objectives of the VCNP Annual Conference are to provide an educational curriculum and enhance the knowledge and skills of NP's in varied practice roles. The conference also offers collegial networking opportunities, emerging trends in practice management and highlights political issues affecting NP roles and practice. VCNP is committed to providing education for NP's. Educational needs are identified through surveys, practice pattern analysis, previous contact hours activity evaluations, current practice issues and emerging technology. The conference curriculum is developed by the conference planning committee comprised of NP representatives from the regions, the VCNP President, President-Elect and the Conference Chair. It is anticipated that over 500 NPs will be in attendance at the 2019 Annual Conference held at the Hotel Roanoke, March 6-9, 2019. The Virginia Council of Nurse Practitioners is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours and Pharmacology hours will be available at this conference. Conference participants will have the opportunity to earn up to **21 contact hours** (pending approval) based on the Preconference Workshops. Accessing educational grant monies and industry support is critical to the organization's ability to continue to offer a superior and affordable educational program for NP's throughout the state of Virginia. Educational grant monies help make possible a quality educational program enhancing NP knowledge and skills, which promote improved patient care and health outcomes.

Prior to arrival, download and print any available session materials you would like to bring with you. Presentations can be downloaded from **vcnp.net**.