



2025 VAPA SUMMER CME CONFERENCE

JULY 20-24, 2025

MARRIOTT VIRGINIA BEACH OCEANFRONT

SUNDAY, JULY 20

6:00 PM - 10:00 PM CHALLENGE BOWL WATCH PARTY



2025 VAPA Student Challenge Bowl

<VIRTUAL>

Sunday, July 20 • 6:00 PM

HELP US KICK OFF OUR PARTY AT THE BEACH - JOIN US FOR A WATCH PARTY! DRINKS AND SNACKS WILL BE AVAILABLE WHILE YOU CHEER ON YOUR FAVORITE TEAM, AND WE WILL HAVE SOME PRIZES FOR THE AUDIENCE AS WELL!

MONDAY, JULY 21

7:00 AM - 8:00 AM BREAKFAST

7:00 AM - 2:00 PM REGISTRATION OPEN

8:00 AM - 9:00 AM ADVOCATING TO MAKE VIRGINIA THE BEST PLACE TO PRACTICE MEDICINE & RECEIVE CARE
- Joel Bundy, FAAPL, MD, CPE, FACP

9:00 AM - 10:00 AM STRUCTURAL HEART OVERVIEW AND BEYOND
- Marianna Garcia, PA-C

10:00 AM - 10:15 AM NETWORKING BREAK

10:15 AM - 11:15 AM BE THE STORM: LESSONS IN LEADERSHIP AND ADVOCACY
- Jason Prevelige, DMSc, MBA, PA-C

11:15 AM - 12:15 PM CLEARING THE AIR: THE ROLE OF PAS & NPS IN SMOKING CESSATION ACROSS VIRGINIA
- Kimberlee Ketchersid, MMSc, PA-C
- Carleigh Conroy, FNP-C, CTTS

12:15 PM - 1:45 PM 2025 VAPA MEMBERSHIP LUNCHEON AND AWARDS

TUESDAY, JULY 22

- 7:00 AM - 8:00 AM** **BREAKFAST WITH EXHIBITORS**
- 7:00 AM - 4:30 PM** **REGISTRATION OPEN**
- 8:00 AM - 9:00 AM** **UPDATE FROM NCCPA: FOCUS ON THE PANRE/PANRE-LA**
 - Alicia Quella, PhD, PA-C
- 9:00 AM - 10:00 AM** **IMPROVING MIGRAINE MANAGEMENT IN PRIMARY CARE**
 This activity is sponsored by PCEC and supported by an educational grant provided by Pfizer.
 - Wynde Cheek, DO, FACN
- 10:00 AM - 10:30 AM** **BREAK WITH EXHIBITORS**
- 10:30 AM - 11:30 AM** **THE POWER OF PROTEIN**
 Sponsored and presented by The Beef Council
 - Cindy Kleckner, RDN, LD, FAND
- 11:30 AM - 12:30 PM** **THE WAKE-UP WORKSHOP INITIATIVE: YOUR PRACTICAL, COMPREHENSIVE GUIDE TO OBSTRUCTIVE SLEEP APNEA**
 Accredited by Medical Learning Institute (MLI). MLI is Jointly Accredited with Commendation, separately providing this CME workshop, evaluation and Accreditation. Supported by an educational grant by Lilly.
 - Ann Cartwright, PA-C AND Nicholas Pennings, DO, DABOM, MFOMA, FACOF, FAAFP
- 12:30 PM - 2:00 PM** **NON-CME LUNCH SYMPOSIUM: TAKE A CLOSER LOOK AT NASH/MASH: A PROGRESSIVE LIVER DISEASE WITH SEVERE CONSEQUENCES**
 Speaker: HoChong Gilles, DNP, FNP-BC
 Sponsored by: Madrigal Pharmaceuticals
- 2:00 PM - 3:00 PM** **MANAGING YOUR BOSS**
 - David Munter, MD, MBA
- 3:00 PM - 3:30 PM** **BREAK WITH EXHIBITORS**
- 3:30 PM - 4:30 PM** **DON'T HOLD YOUR BREATH... IT'S RESPIRATORY SEASON! (1 CME-SA)**
 - Michelle Kerr, MPAS, PA-C

WEDNESDAY, JULY 23

- 7:00 AM - 8:00 AM** **BREAKFAST WITH EXHIBITORS**
- 7:00 AM - 4:00 PM** **REGISTRATION OPEN**
- 7:30 AM - 8:30 AM** **THE TOP CODING AND DOCUMENTATION MISTAKES AND HOW TO FIX THEM**
 - Brad Laymon, PA-C, CPC, CEMC
- 8:30 AM - 9:30 AM** **VALUE-BASED CARE: OPPORTUNITIES AND RISKS FOR PAS (1 CME-SA)**
 - Sam Basta, MD, MMM
- 9:30 AM - 10:30 AM** **EKG INTERPRETATION OVERVIEW**
 - Laura Tice, MS, PA-C
- 10:30 AM - 11:00 AM** **BREAK WITH EXHIBITORS**
- 11:00 AM - 12:00 PM** **PREGNANCY CONSIDERATIONS IN POST-BARIATRIC SURGERY PATIENTS**
 - Rachel Pruitt, PA-C, MPAS
- 12:00 PM - 1:30 PM** **NON-CME LUNCH SYMPOSIUM: UNDERSTANDING AMYLOID TRANSTHYRETIN (ATTR) AMYLOIDOSIS**
 Speaker: Michael Bentley, PharmD, FCCP, FCCM, FNAP
 Sponsored by AstraZeneca
- 1:30 PM - 2:30 PM** **SYNCOPE IN PRACTICE: CLINICAL SCENARIOS AND MANAGEMENT STRATEGIES (1 CME-SA)**
 - Olushola Ilogho, PA-C
- 2:30 PM - 3:30 PM** **ATRIAL FIBRILLATION: OVERVIEW AND UPDATE**
 - Laura Tice, MS, PA-C
- 3:30 PM - 5:00 PM** **HUMAN TRAFFICKING SESSION**
 - Anna Nalle, Prevention + Awareness Coordinator
- 7:30 PM** **2025 VAPA FAMILY TRIVIA NIGHT**



Join VAPA at 7:30PM on
Wednesday, July 23 for

Family Trivia Night!

Fun prizes, great food,
and a Disney category for the kids!

THURSDAY, JULY 24

- 7:00 AM - 8:00 AM BREAKFAST**
- 7:00 AM - 12:00 PM REGISTRATION OPEN**
- 8:00 AM - 10:00 AM WORKSHOP: 4 P'S OF ORTHOPEDIC SPLINTING**
- Kim Ford, OT-C III
- WORKSHOP: ULTRASOUND GUIDED PERIPHERAL ACCESS**
- Blake Rogers, PA-C
- WORKSHOP: YOGA FOR STRESS RELIEF**
- Barbara Morrison, PA-C, RYT-500
- 9:00 AM - 10:00 AM IS YOUR WORKPLACE FUELING BURNOUT OR PREVENTING IT?**
- Christian Rathke, DMSc, PA-C, DFAAPA
- 10:00 AM - 12:00 PM WORKSHOP: MIND BODY MEDICINE**
- Barbara Morrison, PA-C, RYT-500
- WORKSHOP: ESSENTIAL SUTURING SKILLS**
- Ryan Strauss, PA-C
- WORKSHOP: SURVIVING THE WILD: ESSENTIAL WILDERNESS MEDICINE SKILLS FOR EXTREME ENVIRONMENTS (2 CME-SA)**
- Travis Kaufman, DMSc, PA-C
- 10:00 AM - 11:00 AM EMERGENCY MEDICINE/URGENT CARE TRICKS OF THE TRADE: WHAT THE TEXTBOOKS DON'T TEACH YOU!**
- Fred Wu, MHS, PA-C
- 11:00 AM - 12:00 PM YOUR PATIENT DIED... NOW WHAT? (1 CME-SA)**
- Christopher Wanka, NRP, PA-C



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• **LEADERSHIP** •

TUESDAY, JULY 22

- 2:00 PM - 3:00 PM** **CHANGE LEADERSHIP: HOW TO EFFECTIVELY LEAD ORGANIZATIONAL CHANGE INITIATIVES**
- Jeremy M Welsh, Ph.D, DHSc, JD, MPAS, PA-C, DFAAPA, CEL
- 3:30 PM - 4:30 PM** **EMOTIONAL INTELLIGENCE IN HEALTH CARE: REVIEW OF THE TENETS OF EMOTIONAL INTELLIGENCE AND GALLUP STRENGTH FINDERS**
- Nancy Freeborne, PA-C, MPH, DrPH

WEDNESDAY, JULY 23

- 7:30 AM - 8:30 AM** **ON THE HORIZON...PA INDEPENDENT PRACTICE IN VIRGINIA**
- Bobby Cockram, DMSC, PA-C, DFAAPA
- 8:30 AM - 9:30 AM** **LEADERSHIP AND DECISION MAKING IN TIMES OF CRISIS AND UNCERTAINTY (1 CME-SA)**
- Travis Kaufman, DMSc, PA-C
- 9:30 AM - 10:30 AM** **FROM THE OPERATING ROOM TO THE SCREENING ROOM: TRANSFORMATION OF PA LEADERSHIP**
- Amanda Miller, DMSc, MPA, PA-C
- 11:00 AM - 12:00 PM** **ELIMINATING HEALTHCARE WASTE: A PA'S GUIDE TO LEAN SIX SIGMA TOOLS FOR CLINICAL PROCESS IMPROVEMENT**
- Joshua Detrick, MHA, MBA, PA-C, CAQ-OS, DFAAPA
- 1:30 PM - 3:00 PM** **PANEL DISCUSSION: LEADERSHIP IN HOSPITAL ADMINISTRATION**
- Matt Bowles, MBA, PA-C, CPAAPA
- Bobby Cockram, DMSC, PA-C, DFAAPA
- Kim Ketchersid, MMSc, PA-C
- 3:00 PM - 4:30 PM** **PANEL DISCUSSION: PAS AND YOUR UNIQUE PATH INTO LEADERSHIP ROLES**
- Meg Fulton, DMSc, PA-C, CCWS
- Travis Kaufman, DMSC, PA-C
- Matt Shortt, MBA, PA-C
- Jeremy Welsh, DHSc, JD, MS, PA-C, DFAAPA

* NOTE REGARDING MEALS AND BREAKS: LEADERSHIP TRACK ATTENDEES ARE INVITED TO ATTEND ALL MEALS AND BREAKS LISTED AS PART OF THE GENERAL SESSION TRACK.

** MAKE SURE YOU SIGN IN FOR EACH LEADERSHIP SESSION OR YOU WILL NOT RECEIVE CREDIT.

CONFERENCE ACCREDITATION INFORMATION

UNLESS OTHERWISE NOTED, EACH SESSION IS WEIGHTED AT 1 CME



This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 31.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 7/21/2025 to 7/24/2025. AAPA reference number: CME-2013792.



This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 7 AAPA Category 1 Self-Assessment CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 7/21/2025 to 7/24/2025. AAPA reference number: CME-2014005.

For NCCPA certification maintenance ONLY: NCCPA will now apply an additional 50 percent weighting when these self-assessment credits are logged for NCCPA certification maintenance purposes. PAs should log up to a maximum of 38.5 AAPA Category 1 Self-Assessment CME credits, as the additional weighting will be automatically applied by NCCPA.
