



**2025 VAPA SUMMER
CME CONFERENCE**
JULY 20-24, 2025
MARRIOTT VIRGINIA BEACH OCEANFRONT

SUNDAY, JULY 20

7:00 PM - 10:00 PM CHALLENGE BOWL



**2025 VAPA Student
Challenge Bowl**

<VIRTUAL>

Sunday, July 20 • 7:00 PM

HELP US KICK OFF OUR PARTY AT THE BEACH - JOIN US FOR A WATCH PARTY! DRINKS AND SNACKS WILL BE AVAILABLE WHILE YOU CHEER ON YOUR FAVORITE TEAM, AND WE WILL HAVE SOME PRIZES FOR THE AUDIENCE AS WELL!

MONDAY, JULY 21

- 7:00 AM - 8:00 AM BREAKFAST**
- 7:00 AM - 2:00 PM REGISTRATION OPEN**
- 8:00 AM - 9:00 AM ADVOCATING TO MAKE VIRGINIA THE BEST PLACE TO PRACTICE MEDICINE & RECEIVE CARE**
- Joel Bundy, FAAPL, MD, CPE, FACP
- 9:00 AM - 10:00 AM STRUCTURAL HEART OVERVIEW AND BEYOND**
- Marianna Garcia, PA-C
- 10:00 AM - 10:15 AM NETWORKING BREAK**
- 10:15 AM - 11:15 AM BE THE STORM: LESSONS IN LEADERSHIP AND ADVOCACY**
- Jason Prevelige, DMSc, MBA, PA-C
- 11:15 AM - 12:15 PM CLEARING THE AIR: THE ROLE OF PAS & NPS IN SMOKING CESSATION ACROSS VIRGINIA**
- Kimberlee Ketchersid, MMSc, PA-C
- Carleigh Conroy, FNP-C, CTTS
- 12:15 PM - 1:45 PM 2025 VAPA MEMBERSHIP LUNCHEON AND AWARDS**

TUESDAY, JULY 22

- 7:00 AM - 8:00 AM** BREAKFAST WITH EXHIBITORS
- 7:00 AM - 4:30 PM** REGISTRATION OPEN
- 8:00 AM - 9:00 AM** UPDATE FROM NCCPA: FOCUS ON THE PANRE/PANRE-LA
- Alicia Quella, PhD, PA-C
- 9:00 AM - 10:00 AM** IMPROVING MIGRAINE MANAGEMENT IN PRIMARY CARE
- Wynde Cheek, DO, FACN
- 10:00 AM - 10:30 AM** BREAK WITH EXHIBITORS
- 10:30 AM - 11:30 AM** THE POWER OF PROTEIN
- Cindy Kleckner, RDN, LD, FAND
- 11:30 AM - 12:30 PM** THE WAKE-UP WORKSHOP INITIATIVE: YOUR PRACTICAL, COMPREHENSIVE GUIDE TO OBSTRUCTIVE SLEEP APNEA
- 12:30 PM - 2:00 PM** NON-CME SPONSORED LUNCH SESSION
- 2:00 PM - 3:00 PM** MANAGING YOUR BOSS
- David Munter, MD, MBA
- 3:00 PM - 3:30 PM** BREAK WITH EXHIBITORS
- 3:30 PM - 4:30 PM** DON'T HOLD YOUR BREATH... IT'S RESPIRATORY SEASON! (1 CME-SA)
- Michelle Kerr, MPAS, PA-C

WEDNESDAY, JULY 23

- 7:00 AM - 8:00 AM** BREAKFAST WITH EXHIBITORS
- 7:00 AM - 4:00 PM** REGISTRATION OPEN
- 7:30 AM - 8:30 AM** THE TOP CODING AND DOCUMENTATION MISTAKES AND HOW TO FIX THEM
- Brad Laymon, PA-C, CPC, CEMC
- 8:30 AM - 9:30 AM** VALUE-BASED CARE: OPPORTUNITIES AND RISKS FOR PAS (1 CME-SA)
- Sam Basta, MD, MMM
- 9:30 AM - 10:30 AM** EKG INTERPRETATION OVERVIEW
- Laura Tice, MS, PA-C
- 10:30 AM - 11:00 AM** BREAK WITH EXHIBITORS
- 11:00 AM - 12:00 PM** PREGNANCY CONSIDERATIONS IN POST-BARIATRIC SURGERY PATIENTS
- Rachel Pruitt, PA-C, MPAS
- 12:00 PM - 1:30 PM** NON-CME SPONSORED LUNCH SESSION
- 1:30 PM - 2:30 PM** SYNCOPE IN PRACTICE: CLINICAL SCENARIOS AND MANAGEMENT STRATEGIES
- Olushola Ilogho, PA-C
- 2:30 PM - 3:30 PM** EKG INTERPRETATION OVERVIEW
- Laura Tice, MS, PA-C
- 3:30 PM - 5:00 PM** HUMAN TRAFFICKING SESSION
- Anna Nalle, Prevention + Awareness Coordinator



Join VAPA at 7:30PM on
Wednesday, July 23 for

Family Trivia Night!

Fun prizes, great food,
and a Disney category for the kids!

7:00 AM - 8:00 AM **BREAKFAST**

7:00 AM - 12:00 PM **REGISTRATION OPEN**

8:00 AM - 10:00 AM **WORKSHOP: 4 P'S OF ORTHOPEDIC SPLINTING**

- Kim Ford, OT-C III

WORKSHOP: ULTRASOUND GUIDED PERIPHERAL ACCESS

- Blake Rogers, PA-C

WORKSHOP: YOGA FOR STRESS RELIEF

- Barbara Morrison, PA-C, RYT-500

9:00 AM - 10:00 AM **IS YOUR WORKPLACE FUELING BURNOUT OR PREVENTING IT?**

- Christian Rathke, DMSc, PA-C, DFAAPA

10:00 AM - 12:00 PM **WORKSHOP: MIND BODY MEDICINE**

- Barbara Morrison, PA-C, RYT-500

WORKSHOP: ESSENTIAL SUTURING SKILLS

- Ryan Strauss, PA-C

WORKSHOP: SURVIVING THE WILD: ESSENTIAL WILDERNESS MEDICINE SKILLS FOR EXTREME ENVIRONMENTS

- Travis Kaufman, DMSc, PA-C

10:00 AM - 11:00 AM **EMERGENCY MEDICINE/URGENT CARE TRICKS OF THE TRADE: WHAT THE TEXTBOOKS DON'T TEACH YOU!**

- Fred Wu, MHS, PA-C

11:00 AM - 12:00 PM **YOUR PATIENT DIED... NOW WHAT?**

- Christopher Wanka, NRP, PA-C



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• LEADERSHIP •

TUESDAY, JULY 22

- 2:00 PM - 3:00 PM** **CHANGE LEADERSHIP: HOW TO EFFECTIVELY LEAD ORGANIZATIONAL CHANGE INITIATIVES**
- Bill Soliz, DMSc, MBA, PA-C, FACHE
- 3:30 PM - 4:30 PM** **EMOTIONAL INTELLIGENCE IN HEALTH CARE: REVIEW OF THE TENETS OF EMOTIONAL INTELLIGENCE AND GALLUP STRENGTH FINDERS**
- Nancy Freeborne, PA-C, MPH, DrPH

WEDNESDAY, JULY 23

- 7:30 AM - 8:30 AM** **ON THE HORIZON...PA INDEPENDENT PRACTICE IN VIRGINIA**
- Bobby Cockram, DMSC, PA-C, DFAAPA
- 8:30 AM - 9:30 AM** **LEADERSHIP AND DECISION MAKING IN TIMES OF CRISIS AND UNCERTAINTY**
- Travis Kaufman, DMSc, PA-C
- 9:30 AM - 10:30 AM** **FROM THE OPERATING ROOM TO THE SCREENING ROOM: TRANSFORMATION OF PA LEADERSHIP**
- Amanda Miller, DMSc, MPA, PA-C
- 11:00 AM - 12:00 PM** **ELIMINATING HEALTHCARE WASTE: A PA'S GUIDE TO LEAN SIX SIGMA TOOLS FOR CLINICAL PROCESS IMPROVEMENT**
- Joshua Detrick, MS, PA-C
- 1:30 PM - 3:00 PM** **PANEL DISCUSSION: LEADERSHIP IN HOSPITAL ADMINISTRATION**
- Matt Bowles, MBA, PA-C, CPAAPA
- Bobby Cockram, DMSC, PA-C, DFAAPA
- Kim Ketchersid, MMSc, PA-C
- 3:00 PM - 4:30 PM** **PANEL DISCUSSION: PAS AND YOUR UNIQUE PATH INTO LEADERSHIP ROLES**
- Meg Fulton, MSPAS, PA-C
- Travis Kaufman, DMSC, PA-C
- Matt Shortt, MBA, PA-C
- Bill Soliz, DMSc, MBA, PA-C, FACHE

* NOTE REGARDING MEALS AND BREAKS: LEADERSHIP TRACK ATTENDEES ARE INVITED TO ATTEND ALL MEALS AND BREAKS LISTED AS PART OF THE GENERAL SESSION TRACK.

** MAKE SURE YOU SIGN IN FOR EACH LEADERSHIP SESSION OR YOU WILL NOT RECEIVE CREDIT.