

2023 41st ANNUAL VAPA SUMMER CME CONFERENCE July 23-28, 2023

Marriott Virginia Beach Oceanfront



Sunday July 23

9:00 AM - 5:00 PM **Registration Desk Open**

10:00 AM - 12:00 PM **WORKSHOP: Essentials of US-guided peripheral IV placement**

- Blake Rogers, PA-C

Participants will be guided through ultrasound-guided IV access. You will learn basic vascular landmarks for IV insertions, the selection of appropriate IV catheters, as well as steps for IV insertion via ultrasound.

WORKSHOP: Intro to Suturing and Wound Closure

- Amanda Fleenor, MMS, PA-C

This is an introductory workshop for physician assistants and physician assistant students who have limited or infrequent experience in suturing. The workshop includes wound assessment, wound closure techniques, local anesthesia, suture types and selection, instrument basics, and aftercare. Participants will have the opportunity to practice basic suturing techniques.

12:30 PM - 2:30 PM **WORKSHOP: Medical Aesthetics**

- Jayson Tappan

3:00 PM - 5:00 PM **WORKSHOP: 4 P's of Splinting**

- Kim Ford, OT-C III

A basic guide to proper splinting technique of the most used splints in Healthcare.

WORKSHOP: Zero in on Z Codes

- Kim Zuber, PA-C, DFAAPA

Zero in on Z codes is a 30-day project to introduce the concept of social determinants of health into your practice.

Monday July 24

7:00 AM - 8:00 AM **Registration & Breakfast**

8:00 AM - 9:00 AM **MSV Update**

- Harry Gewanter

9:00 AM - 10:00 AM **10 things you thought were true, but...**

- David Munter, MD, MBA

10:00 AM - 10:15 AM **Networking Break**

10:15 AM - 11:15 AM **Donating Life: A Transplant Story**

- Vanessa Marie Taylor, PA-C

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11:15 AM - 12:15 PM **Pharmacogenetics: Customized Patient Prescribing**

- Jeanine Gargiulo, PA-C

12:15 PM - 1:15 PM **VAPA Membership Meeting & Lunch**

1:30 PM - 2:30 PM **NCCPA Update**

- Alicia Quella, PhD, PA-C

2:30 PM - 3:30 PM **Pain Management and Opioids: Balancing Risks and Benefits**

- Dennis Rivenburgh

3:30 PM - 4:30 PM **Prescribing Suboxone and the Removal of the X-Waiver**

- Kevin O'Connor

Tuesday July 25

7:00 AM - 8:00 AM **Breakfast with Exhibitors**

8:00 AM - 9:00 AM **Cardiac MRI: Indications and Clinical Uses**

- Scott Baute, PA-C

9:00 AM - 10:00 AM **Kidney Disease Update for 2023**

- Kim Zuber, PA-C, DFAAPA

10:00 AM - 10:30 AM **Break with Exhibitors**

10:30 AM - 11:30 AM **Biologic Agents in Asthma and Allergic Diseases**

- Stuart Henochowicz, MD

11:30 AM - 12:30 PM **Kidney Cases: A PANRE Review**

- Kim Zuber, PA-C, DFAAPA

12:30 PM - 1:30 PM **Non-CME Lunch**

1:30 PM - 2:30 PM **TBD**

2:30 PM - 3:30 PM **Highs & Lows: Review of Intracranial Pressure Disorders**

- Shannon Duescher

3:30 PM - 4:00 PM **Break with Exhibitors**

4:00 PM - 5:00 PM **Breaking the Barrier: The PA's Role and Mental Health**

- Amna Jadali

5:00 PM - 6:30 PM **Reception with Exhibitors**

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Wednesday July 26

6:30 AM - 7:30 AM **Breakfast with Exhibitors**

7:30 AM - 8:30 AM **Contemporary Management of Obstructive Sleep Apnea**
- Delp Givens

8:30 AM - 9:30 AM **Interstitial Lung Disease**
- Joshua Sill, MD

9:30 AM - 10:00 AM **Break with Exhibitors**

10:00 AM - 11:00 AM **Secondary Osteoporosis: Not Just LOLs (AKA Little Old Ladies)**
- Jacqi Kernaghan, MS, PA-C, DFAAPA

When you think of the word "osteoporosis," most PAs will think of tiny, frail, little old ladies. But osteoporosis affects many younger patients, as well as men. Learn about the work-up that should be done for many patients when a fragility fracture occurs or osteoporosis is diagnosed.

11:00 AM - 12:00 PM **Office Based Ortho for Primary Care**
- Dennis Rivenburgh

12:00 PM - 1:00 PM **Non-CME Lunch**

1:00 PM - 2:00 PM **Telemedicine and the Law for PAs - What you need to know**
- Sam Bernier, Attorney, Partner, Frith Anderson + Peake

2:00 PM - 3:00 PM **Recognizing Child Abuse**
- Cassie Elverum, DMSc, MPAM, PA-C

3:00 PM - 4:00 PM **Pediatric Rapid Fire**
- Michelle Kerr, MPAS, PA-C

7:00 PM - 9:00 PM **VAPA Derby Social Event - Child (under 12)**
VAPA Derby Social Event - Guest/Spouse
VAPA Derby Social Event - Conference
Attendee

Thursday July 27

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10:00 AM - 12:00 PM **WORKSHOP: PAs as a Witness - The Basics of Deposition/Trial Testimony for a Defendant, Expert, or Non-Party Treater**

- Sam Bernier, Attorney, Partner, Frith Anderson + Peake

In this workshop PAs will learn the 3 main scenarios in which they might be asked to give deposition or trial testimony in their professional capacity - as a defendant in a malpractice case, as a treating healthcare provider in a civil case, and as an expert in a civil case. PAs will learn the basics of preparing for testimony in these scenarios, including what types of questions to expect and how to deal with different scenarios. We will also practice answering questions as a defendant, treater, and expert.

12:30 PM - 2:30 PM **WORKSHOP: EKG - more information coming soon!**

- Daniel Thibodeau, DHSc, MHP, PA-C, DFAAPA, AACCC

WORKSHOP: Pediatric Dermatology

- Michelle Kerr, MPAS, PA-C

This workshop is intended to give an overview of pediatric dermatology based on an easy and straightforward approach to generalizing dermatologic presentations into 3 categories. Placing dermatologic presentations into these 3 categories aids in determining an appropriate working differential. How to improve laceration outcomes in pediatric patients will also be briefly discussed.

WORKSHOP: Ultrasound-Guided Procedures for the Primary Care PA

- Chris Allen

The Ultrasound-Guided Procedures for the Primary Care PA workshop introduces learners to integrating ultrasound use with common bedside procedures they may encounter in the clinic. Learners will receive guided simulation training for common bedside procedures, including cyst/ganglion/abscess aspiration, foreign body identification, large joint arthrocentesis/injection, tendon/muscle injection. Attendees will participate in a brief didactic session followed by scanning on models, and procedure simulation with manikins. This workshop is designed for those who wish to incorporate real-time ultrasound into their procedural skills. A background in ultrasound use is encouraged, but not required.

Friday July 28

7:00 AM - 7:30 AM **Breakfast**

7:30 AM - 8:30 AM **How Genetics & Pharmacogenomics Can Impact Your Practice**

- Nguyen Park, MS, PA-C, DFAAPA

8:30 AM - 9:30 AM **Hot Topics in PA Education**

- Anthony Miller, M.Ed., PA-C

9:30 AM - 10:30 AM **Updates in Headache Medicine and CGRP Antagonism**

- Catherine Ham

10:30 AM - 10:45 AM **Networking Break**

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10:45 AM - 11:45 AM **Fragility Fractures: The Silver Tsunami**

- Jacqi Kernaghan, MS, PA-C, DFAAPA

Osteoporosis has become a global epidemic that many patients and healthcare professionals are still unaware exists. The statistics are staggering: over 10 million Americans have osteoporosis, over 40 million Americans have low bone mass (previously called osteopenia), 1 out of every 2 women over the age of 50 will suffer a fragility fracture, and 1 out of every 4 men over the age of 50 will suffer a fragility fracture. Osteoporosis is a silent disease and patients continue to be under-screened and undertreated. This talk will review the need and timing of screening as well as discuss current and upcoming treatment options.

11:45 AM - 12:45 PM **TBD**