

40TH ANNUAL SUMMER

CME
CONFERENCE

JULY 24-28, 2022

THE MARRIOTT • VIRGINIA BEACH OCEANFRONT



SUNDAY, JULY 24

9:00 AM - 12:00 PM PROFESSIONAL DEVELOPMENT WORKSHOP: GOING FROM PA-S TO PA-C

- Angela Conrad, MPA, PA-C
- Kristy Liskey, PA-C
- Erich Grant, MMS, PA-C

This workshop will cover the essential skills needed as you begin your career in the PA profession: Writing Your Resume, Interview Preparation and Skills, The Job Search and How to Evaluate Job Offer/Contract Negotiation, Development of a Practice Agreement, and Professional Portfolio.

9:00 AM - 5:00 PM REGISTRATION DESK OPEN

10:00 AM - 12:00 PM WORKSHOP: INTRODUCTION TO BASIC POINT OF CARE ULTRASOUND

- Shea Dempsey, DMSc, PA-C

During this hands-on workshop, participants will study basic ultrasound terminology and learn how to identify anatomical structures with the use of ultrasounds. Attendees will then use ultrasounds to perform common bedside exams such as eFAST, cardiac, gallbladder, and renal.

WORKSHOP: PEDIATRIC PEARLS

- Michelle Kerr, MSPAS, PA-C

The Pediatric Pearls workshop will be a general head to toe review of the pediatric patient with "don't miss" pearls given for illnesses and injuries. There will be a concentration and expansion on current education regarding the most common pediatric chief complaints including, respiratory illnesses, fever, otitis media, and rashes.

Additional helpful hints will be shared on how to encourage children to take needed medications and proper nebulizer utilization.

12:30 PM - 2:30 PM WORKSHOP: COMMON PRESENTATIONS OF EKG'S IN PRIMARY CARE

- Daniel Thibodeau, DHSc, MHP, PA-C, DFAAPA, AACC

Many primary care and general physician assistants and nurse practitioners do not order or utilize electrocardiograms (EKGs) on a regular basis. This workshop is to serve as a reminder of the most common EKGs, the diseases associated with these changes, and what a practicing clinician needs to consider when diagnosing certain diseases. The use of commonly seen EKGs will be used in a workshop fashion that will build more confidence in each participant.

3:00 PM - 5:00 PM WORKSHOP: THE 4 P'S OF SPLINTING

- Kim Ford, OT-C III

Learn how to properly splint the most commonly seen Orthopedic injuries.

WORKSHOP: WILDERNESS MEDICINE TOP 10!

- Randy Howell, DHSc, PA-C

This workshop will cover common topics in Wilderness Medicine including patient assessment, envenomation, trauma management, hemorrhage control improvised musculoskeletal care, hypothermia management and medical kits.

MONDAY, JULY 25

- 7:00 - 8:00 AM** **REGISTRATION & BREAKFAST**
- 8:00 - 9:00 AM** **PROTECTING THE HOUSE OF MEDICINE** -
- Mohit Nanda, MD
Working to Make Virginia the Best Place to Practice Medicine and Receive Care.
- 9:00 - 10:00 AM** **COMMON QUESTIONS ON CGM MONITORING IN PRIMARY CARE**
- Scott Urquhart, PA-C, DFAAPA
This presentation is sponsored by Primary Care Education Consortium and supported by an educational grant from Abbott Diabetes.
- 10:00 - 10:15 AM** **NETWORKING BREAK**
- 10:15 - 11:15 AM** **RADIOGRAPHIC DIAGNOSIS AND CONSERVATIVE TREATMENT OPTIONS OF HIP AND KNEE OA (SA)**
- Jeanine Gargiulo, PA-C
- 11:15 AM - 12:15 PM** **OPTIMIZING THE BENEFITS OF GLP-1 RAS IN T2DM**
- Scott Urquhart, PA-C, DFAAPA
This presentation is sponsored by Primary Care Education Consortium and supported by an educational grant from Novo Nordisk.
- 12:15 - 1:30 PM** **VAPA MEMBERSHIP MEETING & LUNCH**
- 1:30 - 2:30 PM** **BEACH MEDICINE - ENVIRONMENTAL EXPOSURES IN PARADISE**
- Tom Colletti, DHSc, MPAS, PA-C
- 2:30 - 3:30 PM** **TRAUMA SEASON- THE DOG DAYS OF SUMMER (SA)**
- Amanda Miller, DMSc, MPA, PA-C
- 3:30 - 4:30 PM** **MEDICOLEGAL ISSUES IN EMERGENCY MEDICINE**
- Bart Gillum, DSc, MHS, PA-C
- Kimberly Sapre, DMSc, PA-C, CAQ-EM

TUESDAY, JULY 26

- 7:00 - 8:00 AM** **BREAKFAST WITH EXHIBITORS**
- 8:00 - 9:00 AM** **FOREIGN BODIES IN THE GI TRACT (SA)**
- David Munter, MD, MBA
- 9:00 - 10:00 AM** **CHRONIC DISEASES AND NUTRITION**
- Ellen Mandel, DMH, PA-C, RDN, CDCES
This activity is supported by an independent educational grant from Abbott Nutrition and is being created and managed in collaboration with The France Foundation.
- 10:00 - 10:30 AM** **BREAK WITH EXHIBITORS**
- 10:30 - 11:30 AM** **GUIDELINE MANAGEMENT AND QUALITY IMPROVEMENT OF CARDIOVASCULAR DISEASES**
- Daniel Thibodeau, DHSc, MHP, PA-C, DFAAPA, AACC

TUESDAY, JULY 26, CONTINUED

- 11:30 AM - 12:30 PM THE ABCS OF CKD**
- Kim Zuber, PA-C
- 12:30 - 1:30 PM LUNCH WITH EXHIBITORS**
- 1:30 - 2:30 PM GASTROESOPHAGEAL REFLUX DISEASE SIGNS, SYMPTOMS AND MANAGEMENT**
- Clifford Smith, MD
- 2:30 - 3:30 PM PSYCHOLOGICAL SPLITTING AND OTHER FREUDIAN PSYCHOSEXUAL ISSUES: MAKES FOR GREAT BOOKS AND MOVIES BUT NOT SO FUN IN PATIENTS**
- David Munter, MD, MBA
- 3:30 - 4:00 PM BREAK WITH EXHIBITORS**
- 4:00 - 5:00 PM MYTHBUSTERS: GENETICS AND PHARMACOGENOMICS (SA)**
- Nguyen Park, MS, PA-C, DFAAPA
- 5:00 - 6:30 PM RECEPTION WITH EXHIBITORS**

WEDNESDAY, JULY 27

- 6:30 - 7:30 AM BREAKFAST WITH EXHIBITORS**
- 7:30 - 8:30 AM UPDATE FROM NCCPA: FOCUS ON PANRE ALTERNATIVE**
- Alicia Quella, PhD, PA-C
- 8:30 - 9:30 AM WHAT YOU NEED TO KNOW ABOUT A BREAST MASS (AND BREAST CANCER IN 2022)**
- Clifford Deal, MD, FACS
- 9:30 - 10:00 AM BREAK WITH EXHIBITORS**
- 10:00 - 11:00 AM THE GOOD, THE BAD AND THE IATROGENIC: RENAL MED DOSING (SA)**
- Kim Zuber, PA-C
- 11:00 AM - 12:00 PM ETIOLOGIES OF PEDIATRIC LIMPS**
- Kelly Crown, PA-C
- 12:00 - 1:00 PM LUNCH WITH EXHIBITORS**
- 1:00 - 2:00 PM ELIMINATING HEALTHCARE DISPARITIES BY ADDRESSING LANGUAGE BARRIERS**
- Kimberly Sapre, DMSc, PA-C, CAQ-EM
- 2:00 - 3:00 PM FEVER AND SEPSIS IN PEDIATRIC PATIENTS (SA)**
- Michelle Kerr, MSPAS, PA-C
- 3:00 - 4:00 PM ATRIAL FIBRILLATION: AN OVERVIEW AND EMERGING TREATMENTS (SA)**
- Scott Baute, PA-C
- 7:00 - 9:00 PM WEDNESDAY NIGHT SOCIAL EVENT**

Join us for a tiki good time at our Wednesday night social on the Ocean Lawn. We will have a DJ, games, great food, and an evening of fun!

THURSDAY, JULY 28

- 7:00 - 7:30 AM** **BREAKFAST**
- 7:30 - 8:30 AM** **LIFESTYLE MEDICINE: A REFRESHING APPROACH TO CHRONIC DISEASE MANAGEMENT**
- Lauren Bock, PA-C, Dip-ABLM
- 8:30 - 9:30 AM** **UNDERSTANDING THE PROCESS OF CLINICAL REASONING**
- Anthony Miller, M.Ed., PA-C
- 9:30 - 10:30 AM** **I'VE GOT SOME GOOD NEWS...AND SOME BAD NEWS...THE ART AND SCIENCE OF PROGNOSTICATION**
- Laura Hart, PA-C, MPAS
- 10:30 - 10:45 AM** **NETWORKING BREAK**
- 10:45 - 11:45 AM** **ALL THESE RASHES LOOK THE SAME**
- Kimberly Dempsey, EdD, PA-C, DFAAPA
- 11:45 AM - 12:45 PM** **IMMUNODEFICIENCY**
- Stuart Henochowicz, MD