

40TH ANNUAL SUMMER

**CME**  
CONFERENCE

JULY 24-28, 2022

THE MARRIOTT • VIRGINIA BEACH OCEANFRONT



## SUNDAY, JULY 24

### 9:00 AM - 12:00 PM PROFESSIONAL DEVELOPMENT WORKSHOP: GOING FROM PA-S TO PA-C (3 CME)

- Angela Conrad, MPA, PA-C
- Kristy Liskey, PA-C
- Lori Shelton, MMS, PA-C

This workshop will cover the essential skills needed as you begin your career in the PA profession: Writing Your Resume, Interview Preparation and Skills, The Job Search and How to Evaluate Job Offer/Contract Negotiation, Development of a Practice Agreement, and Professional Portfolio.

### 9:00 AM - 5:00 PM REGISTRATION DESK OPEN

### 10:00 AM - 12:00 PM WORKSHOP: INTRODUCTION TO BASIC POINT OF CARE ULTRASOUND (2 CME)

- Shea Dempsey, DMSc, PA-C

During this hands-on workshop, participants will study basic ultrasound terminology and learn how to identify anatomical structures with the use of ultrasounds. Attendees will then use ultrasounds to perform common bedside exams such as eFAST, cardiac, gallbladder, and renal.

### WORKSHOP: PEDIATRIC PEARLS (2 SA-CME)

- Michelle Kerr, MSPAS, PA-C

The Pediatric Pearls workshop will be a general head to toe review of the pediatric patient with "don't miss" pearls given for illnesses and injuries. There will be a concentration and expansion on current education regarding the most common pediatric chief complaints including, respiratory illnesses, fever, otitis media, and rashes.

Additional helpful hints will be shared on how to encourage children to take needed medications and proper nebulizer utilization.

### 12:30 PM - 2:30 PM WORKSHOP: COMMON PRESENTATIONS OF EKG'S IN PRIMARY CARE (2 CME)

- Daniel Thibodeau, DHSc, MHP, PA-C, DFAAPA, AACC

Many primary care and general physician assistants and nurse practitioners do not order or utilize electrocardiograms (EKGs) on a regular basis. This workshop is to serve as a reminder of the most common EKGs, the diseases associated with these changes, and what a practicing clinician needs to consider when diagnosing certain diseases. The use of commonly seen EKGs will be used in a workshop fashion that will build more confidence in each participant.

### 3:00 PM - 5:00 PM WORKSHOP: THE 4 P'S OF SPLINTING (2 CME)

- Kim Ford, OT-C III

Learn how to properly splint the most commonly seen Orthopedic injuries.

### WORKSHOP: WILDERNESS MEDICINE TOP 10! (2 CME)

- Randy Howell, DHSc, PA-C

This workshop will cover common topics in Wilderness Medicine including patient assessment, envenomation, trauma management, hemorrhage control improvised musculoskeletal care, hypothermia management and medical kits.

## MONDAY, JULY 25

- 7:00 - 8:00 AM**    **REGISTRATION & BREAKFAST**
- 8:00 - 9:00 AM**    **PROTECTING THE HOUSE OF MEDICINE** (1 CME)  
- Mohit Nanda, MD  
Working to Make Virginia the Best Place to Practice Medicine and Receive Care.
- 9:00 - 10:00 AM**    **COMMON QUESTIONS ON CGM MONITORING IN PRIMARY CARE\***  
- Scott Urquhart, PA-C, DFAAPA  
This presentation is sponsored by Primary Care Education Consortium and supported by an educational grant from Abbott Diabetes.
- 10:00 - 10:15 AM**    **NETWORKING BREAK**
- 10:15 - 11:15 AM**    **FEVER AND SEPSIS IN PEDIATRIC PATIENTS** (1 SA-CME)  
- Michelle Kerr, MSPAS, PA-C
- 11:15 AM - 12:15 PM**    **OPTIMIZING THE BENEFITS OF GLP-1 RAS IN T2DM\*\***  
- Scott Urquhart, PA-C, DFAAPA  
This presentation is sponsored by Primary Care Education Consortium and supported by an educational grant from Novo Nordisk.
- 12:15 - 1:30 PM**    **VAPA MEMBERSHIP MEETING & PRESIDENTIAL INAUGURATION**  
*Lunch will be served; please RSVP.*
- 1:30 - 2:30 PM**    **BEACH MEDICINE - ENVIRONMENTAL EXPOSURES IN PARADISE** (1 CME)  
- Tom Colletti, DHSc, MPAS, PA-C
- 2:30 - 3:30 PM**    **TRAUMA SEASON- THE DOG DAYS OF SUMMER** (1 CME)  
- Amanda Miller, DMSc, MPA, PA-C
- 3:30 - 4:30 PM**    **MEDICOLEGAL ISSUES IN EMERGENCY MEDICINE** (1 CME)  
- Bart Gillum, DSc, MHS, PA-C  
- Kimberly Sapre, DMSc, PA-C, CAQ-EM
- 4:30 - 6:30 PM**    **SPONSORED NON-CME DINNER: RECENT UPDATES AND GUIDELINES IN ATRIAL FIBRILLATION (AF)**  
- Lana Konigsberg, PharmD  
Sponsored by Sanofi. [Click here](#) to RSVP.

## TUESDAY, JULY 26

- 7:00 - 8:00 AM**    **BREAKFAST WITH EXHIBITORS**
- 8:00 - 9:00 AM**    **FOREIGN BODIES IN THE GI TRACT** (1 SA-CME)  
- David Munter, MD, MBA
- 9:00 - 10:00 AM**    **CHRONIC DISEASES AND NUTRITION** (1 CME)  
- Ellen Mandel, DMH, PA-C, RDN, CDCES  
This activity is supported by an independent educational grant from Abbott Nutrition and is being created and managed in collaboration with The France Foundation.
- 10:00 - 10:30 AM**    **BREAK WITH EXHIBITORS**
- 10:30 - 11:30 AM**    **GUIDELINE MANAGEMENT AND QUALITY IMPROVEMENT OF CARDIOVASCULAR DISEASES** (1 CME)  
- Daniel Thibodeau, DHSc, MHP, PA-C, DFAAPA, AACC

## TUESDAY, JULY 26, CONTINUED

- 11:30 AM - 12:30 PM** **THE ABCS OF CKD** (1 CME)  
- Kim Zuber, PA-C
- 12:30 - 1:30 PM** **NON-CME SPONSORED LUNCH SYMPOSIUM**  
**ANDEXXA: A REVERSAL AGENT FOR PATIENTS ON ANTICOAGULATION WITH LIFE-THREATENING BLEEDING**  
- David Burt, MD  
Sponsored by AstraZeneca. [Click here](#) to RSVP
- 1:30 - 2:30 PM** **GASTROESOPHAGEAL REFLUX DISEASE SIGNS, SYMPTOMS AND MANAGEMENT** (1 CME)  
- Clifford Smith, MD
- 2:30 - 3:30 PM** **PSYCHOLOGICAL SPLITTING AND OTHER FREUDIAN PSYCHOSEXUAL ISSUES: MAKES FOR GREAT BOOKS AND MOVIES BUT NOT SO FUN IN PATIENTS** (1 CME)  
- David Munter, MD, MBA
- 3:30 - 4:00 PM** **BREAK WITH EXHIBITORS**
- 4:00 - 5:00 PM** **MYTHBUSTERS: GENETICS AND PHARMACOGENOMICS** (1 CME)  
- Nguyen Park, MS, PA-C, DFAAPA
- 5:00 - 6:30 PM** **RECEPTION WITH EXHIBITORS**
- 6:00 - 7:00 PM** **SPONSORED NON-CME DINNER: MANAGEMENT OF CKD AND HYPERKALEMIA**  
- Michael Bentley, PharmD, FCCP, FCCM, FNAP, Medical Science Liaison, AstraZeneca, Renal-Cardio Therapeutic Area  
- Emily Guerrieri, Medical Science Liaison, AstraZeneca  
Sponsored by AstraZeneca. [Click here](#) to RSVP

## WEDNESDAY, JULY 27

- 6:30 - 7:30 AM** **BREAKFAST WITH EXHIBITORS**
- 7:30 - 8:30 AM** **UPDATE FROM NCCPA: FOCUS ON PANRE ALTERNATIVE** (1 CME)  
- Alicia Quella, PhD, PA-C
- 8:30 - 9:30 AM** **WHAT YOU NEED TO KNOW ABOUT A BREAST MASS (AND BREAST CANCER IN 2022)** (1 CME)  
- Clifford Deal, MD, FACS
- 9:30 - 10:00 AM** **BREAK WITH EXHIBITORS**
- 10:00 - 11:00 AM** **THE GOOD, THE BAD AND THE IATROGENIC: RENAL MED DOSING** (1 SA-CME)  
- Kim Zuber, PA-C
- 11:00 AM - 12:00 PM** **ETIOLOGIES OF PEDIATRIC LIMPS** (1 CME)  
- Kelly Crown, PA-C
- 12:00 - 1:00 PM** **NON-CME SPONSORED LUNCH SYMPOSIUM**  
**RECOGNIZING THE CLINICAL CONSEQUENCES OF LOW ALP**  
- Jacqueline Kernaghan, PA-C  
Sponsored by Alexion. [Click here](#) to RSVP
- 1:00 - 2:00 PM** **ELIMINATING HEALTHCARE DISPARITIES BY ADDRESSING LANGUAGE BARRIERS** (1 CME)  
- Kimberly Sapre, DMSc, PA-C, CAQ-EM

**2:00 - 3:00 PM RADIOGRAPHIC DIAGNOSIS AND CONSERVATIVE TREATMENT OPTIONS OF HIP AND KNEE OA (1 SA-CME)**

- Jeanine Gargiulo, PA-C

**3:00 - 4:00 PM ATRIAL FIBRILLATION: AN OVERVIEW AND EMERGING TREATMENTS (1 SA-CME)**

- Scott Baute, PA-C

**7:00 - 9:00 PM WEDNESDAY NIGHT SOCIAL EVENT**

Join us for a tiki good time at our Wednesday night social on the Ocean Lawn.

We will have a DJ, games, great food, and an evening of fun!

## THURSDAY, JULY 28

**7:00 - 7:30 AM BREAKFAST**

**7:30 - 8:30 AM LIFESTYLE MEDICINE: A REFRESHING APPROACH TO CHRONIC DISEASE MANAGEMENT (1 CME)**

- Lauren Bock, PA-C, Dip-ABLM

**8:30 - 9:30 AM UNDERSTANDING THE PROCESS OF CLINICAL REASONING (1 CME)**

- Anthony Miller, M.Ed., PA-C

**9:30 - 10:30 AM SIMPLIFYING BASIC AND ADVANCED AIRWAY MANAGEMENT (1 CME)**

- Stephen Lewia, DMSc, PA-C Emergency Medicine PA

**10:30 - 10:45 AM NETWORKING BREAK**

**10:45 - 11:45 AM ALL THESE RASHES LOOK THE SAME (1 CME)**

- Kimberly Dempsey, EdD, PA-C, DFAAPA

**11:45 AM - 12:45 PM IMMUNODEFICIENCY (1 CME)**

- Stuart Henochowicz, MD

### CONFERENCE ACCREDITATION INFORMATION



This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 30 AAPA Category I CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 7/24/2022 to 7/28/2022. AAPA reference number: CME-206343.



This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 7 AAPA Category I Self-Assessment CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 7/24/2022 to 7/28/2022. AAPA reference number: CME-206343.

For NCCPA certification maintenance ONLY: NCCPA will now apply on additional 50 percent weighting when these self-assessment credits are Jogged for NCCPA certification maintenance purposes. PAs should Jog up to a maximum of 7 AAPA Category I Self-Assessment CME credits, as the additional weighting will be automatically applied by NCCPA.

\*The AAFP has reviewed Common Questions on Continuous Glucose Monitoring in Primary Care, and deemed it acceptable for AAFP credit. Term of approval is from 01/01/2022 to 12/31/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Following this CME activity, participants will have the opportunity to earn an additional two Prescribed credits for participation in each Translation to Practice® exercise. Information on Translation to Practice® will be shared within the activity.

\*\*The AAFP has reviewed Optimizing the Benefits of GLP-1 Receptor Agonists in Type 2 Diabetes Mellitus, and deemed it acceptable for AAFP credit. Term of approval is from 11/01/2021 to 10/31/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Following this CME activity, participants will have the opportunity to earn an additional two Prescribed credits for participation in each Translation to Practice® exercise. Information on Translation to Practice® will be shared within the activity.

