



NOVEMBER 16-17, 2019

HILTON RICHMOND, SHORT PUMP



## In support of the Virginia Academy

of Physician Assistants' mission, the focus of the Fall Conference is to provide Physician Assistants and other providers with current medical information that will reinforce their knowledge base and introduce new concepts and clinical practice skills through a cost-effective, evidence-based, and diverse educational program.

Earn Category 1 CME credits while enjoying the opportunity to network with fellow PAs! Faculty will present their perspectives and provide you with excellent educational updates in their field of



expertise. Participants will gain knowledge and practical strategies to provide the highest level of care to their patients.

The meeting registration fee includes Saturday general sessions, access to Saturday exhibits, Saturday continental breakfast, lunch and a drink ticket to the Networking Reception. All Sunday workshops are an additional fee.

## A block of rooms has been reserved

at the Hilton Richmond Short Pump for the VAPA Fall Conference. Rates start at \$145.00 per night (not including taxes and fees).

The special group rates are available until October 24, 2019 or until the block sells out, whichever comes first.

To make reservations, call 804-364-3600 and reference the Virginia Academy of Physician Assistants.

## 2019 Agenda



This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 13.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### Saturday, November 16<sup>th</sup>

<b>7:00 - 7:30 AM</b>	Breakfast & Registration
<b>7:30 - 8:30 AM</b>	<i>(1 CME)</i> Diagnosis and Management of Polycystic Ovary Syndrome in Adolescents Leocadia Conlon, PA-C, MPH
<b>8:30 - 9:30 AM</b>	<i>(1 CME)</i> Aortic Stenosis and Transcatheter Aortic Valve Replacement—Jaspreet Singh, M.D.
<b>9:30 - 10:00 AM</b>	Networking Break with Exhibitors
<b>10:00-11:00 AM</b>	<i>(1 CME)</i> Don't Be Rash: A Practical Guide to Dermatological Presentations Nikoleta Delis, PA-C Megan Lawson, PA-C Derick Stackpole, PA-C Christina Eulo Gardner, DHSc, MBA, PA-C
<b>11:00 AM - 12:00 PM</b>	<i>(1 CME)</i> Nature as Medicine Clifford Morris, M.D. Sheila Hautbois, PA-C, MPH, CHES
<b>12:00 - 1:00 PM</b>	Non-CME Sponsored Lunch Management of Hepatitis C for New Providers Alina D. Cherry, MS, PA-C, MSL, AbbVie Sponsored by AbbVie RSVP Link- <a href="https://www.esvw.com/rsvp/vapa/">https://www.esvw.com/rsvp/vapa/</a>
<b>1:00 - 2:00 PM</b>	<i>(1 CME)</i> Update on Concussions B. Kent Diduch, M.D.

<b>2:00 - 3:00 PM</b>	<i>(1 CME)</i> Orthopedic Physical Exam – Basics Jacob Budny, D.O.
<b>3:00 - 3:30 PM</b>	Networking Break with Exhibitors
<b>3:30 - 4:30 PM</b>	<i>(1 CME)</i> Wilderness Trauma Randy Howell DHSc, PA-C
<b>4:30 - 5:30 PM</b>	<i>(1 CME)</i> Advancements in the Treatment of Obstructive Sleep Apnea - Ryan Nord, M.D.
<b>5:30 - 6:30 PM</b>	Networking Reception
<b>6:30 PM</b>	Student Challenge Bowl

### Sunday, November 17<sup>th</sup>

<b>7:15 - 7:45 AM</b>	Breakfast & Registration
<b>7:45 - 9:45 AM</b>	<i>(2 CME)</i> Workshop: Splinting and Casting: avoiding pitfalls and how to do it right Mike Baldwin, PA-C; Peter Gruca, MA, PA-C
<b>10:00 AM-12:00 PM</b>	<i>(2 CME)</i> Workshop: Peripheral Mononeuropathie Robert Glasgow, DC, FIAMA
<b>10:00-11:30 AM</b>	<i>(1.5 CME)</i> Workshop: The Art of Breathing Barbara Morrison, PA-C, RYT-200

## Registration on Saturday includes

continuous refreshment service, lunch, Networking Reception and access to seminars and exhibitors. Full payment must accompany registration. Cancellations must be made in writing before November 1 for refund consideration. For late cancellation or registration, please call Devon Possanza at 804.643.4433 or email devon.possanza@easterassociates.com. To pay by credit card, register online at vapa.org.

All workshops are an additional cost to attend.

Please mail completed form and check (payable to VAPA) to:

### VAPA Fall CME

250 West Main Street, Suite 100  
Charlottesville, VA 22902

TYPE	EARLY	AFTER OCT 18	ON SITE	TOTAL
VAPA Member Registration	\$110	\$125	\$130	
Non-Member Registration	\$160	\$175	\$180	
Nurse Practitioner	\$135	\$150	\$155	
Student Registration	\$30	\$35	\$40	

SUNDAY WORKSHOPS	ON SITE	TOTAL
<b>7:45-9:45am - Workshop: Splinting and Casting: avoiding pitfalls and how to do it right, Mike Baldwin, PA-C; Peter Gruca, MA, PA-C</b>	\$75	
<b>10:00-11:30am: WORKSHOP: The Art of Breathing, Barbara Morrison, PA-C, RYT-200</b> Join Barbara in this workshop to learn breathing techniques that can help to reduce the effects of chronic stress. Living as we do with constant external stimulation and distraction negatively impact all areas of our health and well being. With simple movements and the use of yogic breathing, teach patients how tap into their own ability to heal.	\$50	
<b>10:00 AM - 12:00 PM - Peripheral Mononeuropathies, Robert Glasgow, DC, FIAMA</b> This workshop will teach attendees the pathophysiology, proper diagnosis, and effective treatment and management of peripheral mononeuropathies in a primary care setting. Special emphasis will be put on hands-on instruction of diagnostic exams and the therapies used to treat peripheral mononeuropathies so that clinicians are equipped to either treat patients themselves or refer appropriately.	\$75	

**TOTAL ENCLOSED:**

I will attend the Saturday night reception.

Yes  No

Do you require vegetarian or gluten-free meals?

Vegetarian  Gluten-Free

How did you learn about the conference?

Brochure  Email  VAPA Website  AAPA Website

Colleague Referral  Other \_\_\_\_\_

NAME \_\_\_\_\_

CREDENTIALS (for certificate & name badge) \_\_\_\_\_

SPECIALTY \_\_\_\_\_ VAPA ID \_\_\_\_\_

NCCPA ID (required to log CME hours with NCCPA) \_\_\_\_\_

ADDRESS \_\_\_\_\_

**VAPA 2019 FALL CONFERENCE**