

THE 37<sup>TH</sup> ANNUAL SUMMER CME CONFERENCE



PAS  
Make  
Magic Happen



JULY 21<sup>ST</sup> THROUGH 26<sup>TH</sup>, 2019  
AT THE HILTON VIRGINIA BEACH OCEANFRONT



# THE 37<sup>TH</sup> ANNUAL SUMMER CME CONFERENCE

## \* PAs MAKE MAGIC HAPPEN! \*

### We Support Our Active Duty Military and Veterans!

We'd like to thank our active duty military members and veterans with a special discounted conference rate. If you attend the full conference, you will receive \$100 off the Member Registration price.

In support of the Virginia Academy of Physician Assistants' mission, the focus of this year's conference is to provide Physician Assistants and other providers with current medical information that will reinforce their knowledge base and introduce new concepts and clinical practice skills through a cost-effective, evidence-based, and diverse educational program.

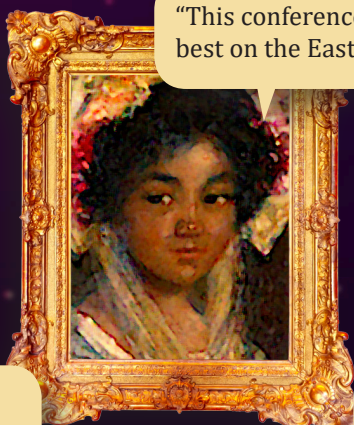
This program has not yet been approved for Category 1 CME credit. Conference organizers will request Category 1 CME hours for General Sessions (plus additional hours for optional workshops) as well as SA-CME credit from the American Academy of Physician Assistants.

## Conjure Up Some Credits With Our CME

- \* Earn Category 1 CME credits while enjoying a family summer vacation!
- \* Faculty will present current updates and provide clinical perspective
- \* Participants will gain knowledge and practical strategies to provide highest level of patient care
- \* Insightful hands-on workshops (optional)
- \* Exhibit hall
- \* Daily breakfast, lunch (Mon-Thurs) and refreshment breaks included
- \* Nearby popular dining, shopping, and entertainment



"We will continue to attend year after year."



"This conference is one of the best on the East Coast."



"Love this conference!"

## 2019 Summer Social Event!

*Wednesday, July 24, 2019 \* 7-10 PM Beachside Social*

Witches and wizards alike are cordially invited to the VAPA Wednesday Social Event! Walk on over (or apparate!) to Beachside Social for a casual finger food dinner and other family friendly activities for all ages. Non-alcoholic beverages are included, and a cash bar will be available.

Registered attendees of the conference can join the social event free! Additional guests will be charged \$10 if over 13 years of age, \$5 if between 5-12, and all children under 5 get in free.



# PAs MAKE MAGIC HAPPEN

## Hotel Information

**Group**  
Virginia Academy of Physician  
Assistants

**Group Code**  
VAP

**Rates (Per Night)**  
**Non-Ocean-View Rooms**

begin at \$229/night

**Ocean-View Rooms**

begin at \$255/night

**Ocean-Front Rooms**

begin at \$295/night

**Empyrean/Club Level Rooms**

begin at \$329/night

**One-Bedroom Suites**

also available

## Reservations

Rooms are available  
at the Hilton until

**Tuesday, June 25, 2019** or  
until the group block is sold  
out, whichever comes first. Visit  
[www.vapa.org](http://www.vapa.org) for reservation  
information or call (757) 213-  
3000 now!

This hotel, towering 21 stories above the Virginia Beach resort district, offers panoramic views that rank among the very best on the Mid-Atlantic coast. It boasts two award-winning restaurants including Catch 31 - offering the Oceanfront's largest raw bar and fresh seafood selections and Salacia - Virginia's only AAA Four-Diamond Steakhouse, as well as the Sky Bar, featuring Virginia Beach's only roof top bar and infinity pool.

Located adjacent to the hotel is Neptune Park which hosts nightly entertainment throughout the summer, and the Shoppes at 31 Ocean, which offers a variety of fabulous boutiques for your shopping pleasure. The Hilton Virginia Beach Oceanfront hotel is situated just 20 minutes from Norfolk International Airport and downtown Norfolk, 45 minutes from Colonial Williamsburg and Busch Gardens, five minutes from the Virginia Aquarium & Marine Science Center, and only 10 seconds from the famous Virginia Beach boardwalk and oceanfront. Travel should take you places!™

Superior guestrooms are available with king beds or two double beds. Featured amenities include a 32-inch flat-screen color television with premium cable channels, on-demand movies, high-speed internet access, two telephones with voicemail capabilities, and work desks with ergonomic chairs.



## 2019 VAPA Awards Ceremony

**Monday, July 22nd, 2019 • 4:30 - 5:30 PM • Hilton Peacock AB Ballroom**

We strongly encourage attendees to join us Monday evening after the last General Session to attend the 2019 VAPA Awards Ceremony. Each year, VAPA honors PAs in Virginia, nominated by their peers, in the following categories: Preceptor of the Year, Humanitarian PA of the Year, PA Student of the Year, Physician/PA Partnership of the Year, and PA of the Year. This is an incredible honor and we hope you will join us to recognize the award recipients who have made outstanding contributions to the profession in the Commonwealth.



**PA  
of the Year**

Rachel Carlson, EdD,  
PA-C



**PA Physician  
Partnership**

Michael Jeremiah, MD  
Christina Gardner, PA-C



**Preceptor  
of the Year**

Ken Anderson, PA-C



**PA Student of the  
Year**

Stephen Lewia, PA-S

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## Sunday, July 21, 2019

<b>12:00 PM</b>	Conference Registration Opens	
<b>12:30 - 2:30 PM</b>	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation (2 CME)	<i>Philip O'Donnell, M.D.</i>
<b>12:30 - 2:30 PM</b>	WORKSHOP: Examination of the Knee (2 CME)	<i>Jeanine Gargiulo, PA-C</i>
<b>2:30 - 4:30 PM</b>	WORKSHOP: Introduction to Basic Point of Care Ultrasound (2 CME)	<i>Shea Dempsey, DMSc, PA-C</i>
<b>2:30 - 4:30 PM</b>	WORKSHOP: Wilderness Medicine Top 10/Hemorrhage Control in the Wilderness (2 CME)	<i>Randy Howell, DHSc, PA-C</i>

## Monday, July 22, 2019

<b>7:00 - 8:00 AM</b>	Registration & Breakfast	
<b>8:00 - 8:05 AM</b>	Welcome from VAPA President	<i>A. Rose Rutherford, PA-C, MSPAS</i>
<b>8:05 - 9:00 AM</b>	Thyroid Pearls for Primary Care - Nodules, Hyper and Hypothyroidism (1 CME)	<i>Scott Urquhart, PA-C, DFAAPA</i>
<b>9:00 - 10:00 AM</b>	AAPA Clinical Case Challenge Series: Managing Cardiovascular Risk in Patients with Type 2 Diabetes: Emerging Concepts (1 CME)	<i>Scott Urquhart, PA-C, DFAAPA</i>
<b>10:00 - 10:15 AM</b>	Networking Break	
<b>10:15 - 11:15 AM</b>	Making Change Happen: Advancing Patient-Centered Health Care in Virginia (1 CME)	<i>Richard A. Szucs, M.D.</i>
<b>11:15 AM - 12:15 PM</b>	Atrial Fibrillation: An Overview and Emerging Treatments (1 SA-CME)	<i>Scott Baute, PA-C</i>
<b>12:15 - 1:30 PM</b>	VAPA Membership Lunch (pre-registration required)	
<b>12:30 - 1:30 PM</b>	Lunch for Attendees	
<b>1:30 - 2:30 PM</b>	Current Guidelines for Treatment of DVT/PE (1 SA-CME)	<i>Kevin Rebeck, PA-C</i>
<b>2:30 - 3:30 PM</b>	AAPA Clinical Case Challenge Series: Reproductive Health Care: Conversations for Clinicians and Their Patients (1 CME)	<i>Cynthia Calixte M.D., M.P.H.</i>
<b>3:30 - 4:30 PM</b>	Treatment of Coronary Heart Disease Including The New ACC/AHA Guidelines for Cholesterol Management (1 CME)	<i>Philip O'Donnell, M.D.</i>
<b>4:30 - 5:30 PM</b>	2019 VAPA Awards Ceremony	

## Tuesday, July 23, 2019

<b>7:00 - 8:00 AM</b>	Registration Opens & Breakfast with Exhibitors	<i>EXHIBITOR BINGO BEGINS</i>
<b>8:00 - 9:00 AM</b>	AAPA: National Trends and Issues (1 CME)	<i>Beth R. Smolko, DMSc, MMS, PA-C</i>
<b>9:00 - 10:00 AM</b>	Atypical Hip Pain (1 SA-CME)	<i>Bradley Williams, PA-C</i>
<b>10:00 - 10:30 AM</b>	Break with Exhibitors	
<b>10:30 - 11:30 AM</b>	The ABC's of CKD (1 CME)	<i>Kim Zuber, PA-C</i>
<b>11:30 AM - 12:30 PM</b>	Lunch with Exhibitors	
<b>12:30 - 1:30 PM</b>	Asthma Management 2019 (1 CME)	<i>Stuart Henochowicz, M.D.</i>
<b>1:30 - 2:30 PM</b>	Top 10 Ocular Diagnosis You Don't Want To Miss (1 CME)	<i>Walter Whitley, O.D.</i>
<b>2:30 - 3:30 PM</b>	Kidneys Gone Bad: Acute Kidney Injury (AKI) (1 CME)	<i>Kim Zuber, PA-C</i>
<b>3:30-4:00 PM</b>	Break with Exhibitors	
<b>3:30 - 5:30 PM</b>	WORKSHOP: Suturing Techniques for Superficial and Deep Closures (2 CME)	<i>Sara Nicely, DHEd, PA-C</i>
<b>3:30 - 5:30 PM</b>	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation (2 CME)	<i>Philip O'Donnell, M.D.</i>
<b>4:00-5:00 PM</b>	Evaluation and Management of the Patient with Mitral Valve Disease (1 CME)	<i>Lori McVay, DMSc, PA-C, CPAAPA</i>
<b>5:00 - 6:30 PM</b>	Reception with Exhibitors & Exhibitor BINGO (pre-registration required)	



# PAs MAKE MAGIC HAPPEN

## Wednesday, July 24, 2019

<b>6:30 - 7:30 AM</b>	Registration & Breakfast with Exhibitors	<i>EXHIBITOR BINGO</i>
<b>7:30 - 8:30 AM</b>	Mindfulness for Health Care Providers: How Do We Avoid Burnout? (1 CME)	<i>Barbara Morrison, PA-C, RYT</i>
<b>8:30 - 9:30 AM</b>	Clostridium Difficile - UPDATE (1 CME)	<i>Michelle Touw, PA-C</i>
<b>9:30 - 10:00 AM</b>	Break with Exhibitors	
<b>10:00 - 11:00 AM</b>	Common Causes of Foot and Ankle Pain in Athletes and Treatment Options (1 CME)	<i>Kim Snow, PA-C</i>
<b>11:00 AM - 12:00 PM</b>	STD Medical Update (1 CME)	<i>Patricia R. Jennings, DrPA, PA-C</i>
<b>12:00 - 1:30 PM</b>	Lunch with Exhibitors	
<b>1:30 - 2:30 PM</b>	My Skin Is So Itchy, I Must Have Scabies: The Differential Diagnosis of Pruritic Rashes (1 CME)	<i>Kimberly Dempsey, PA-C</i>
<b>2:30 - 3:30 PM</b>	Controlled Substance Documentation: Requirements & Recommendations (1 CME)	<i>Scott Clingan, PA-C</i>
<b>3:30 - 3:45 PM</b>	Networking Break	
<b>3:45 - 4:45 PM</b>	Travel Medicine (1 CME)	<i>John Lynch, MPAS, PA-C, DFAAPA</i>
<b>3:45 - 4:45 PM</b>	WORKSHOP: Yoga & Self-Care: Rediscovering the Joy of Practice (1 CME)	<i>Barbara Morrison, PA-C, RYT</i>
<b>3:45 - 5:45 PM</b>	WORKSHOP: The 4 P's of Orthopedic Splinting (2 CME)	<i>Kim Ford, OT-C III</i>
<b>7:00 - 10:00 PM</b>	VAPA Social Event at Beachside Social (pre-registration required)	

## Thursday, July 25, 2019

<b>7:00 - 8:00 AM</b>	Breakfast	
<b>8:00 - 9:00 AM</b>	ENT Emergencies: Recognition & Management (1 CME)	<i>Cathy Pearman, MPAS, PA-C</i>
<b>9:00 - 10:00 AM</b>	Pediatric Neurosurgery Basics (1 CME)	<i>Peggy Vollstad, PA-C</i>
<b>10:00 - 10:15 AM</b>	Networking Break	
<b>10:15 - 11:15 AM</b>	Pins and Needles: An Approach to Evaluation (1 SA-CME)	<i>Harold Felton, DHed/PA-C</i>
<b>11:15 AM - 12:15 PM</b>	Bathing in Hand Sanitizer: Topics in Pediatric Infectious Disease (1 CME)	<i>Lauren Paluch, PA-C</i>
<b>12:15 - 1:15 PM</b>	Lunch with Attendees and Poster Presentation Q&A	
<b>1:15 - 2:15 PM</b>	Overview of Bariatric Surgery (1 CME)	<i>Brett A. Gordon, MS, PA-C</i>
<b>2:15 - 2:30 PM</b>	Networking Break	
<b>2:30 - 4:30 PM</b>	Conundrum of Opioid Therapy for Chronic Pain: Simple Dependence to be Managed or Addiction to be Treated? (1 CME)	<i>Ajay Manhapra, M.D.</i>

## Friday, July 26, 2019

<b>6:30 - 7:00 AM</b>	Registration and Breakfast	
<b>7:00 - 8:00 AM</b>	Venous Insufficiency: What Is It and Why Do We Care? (1 CME)	<i>Keith Nichols, M.D.</i>
<b>8:00 - 9:00 AM</b>	Anxiety Disorders (1 CME)	<i>David Spiegel, M.D.</i>
<b>9:00 - 10:00 AM</b>	Opiate Addiction: Treatment Options for a National Crisis (1 CME)	<i>David Munter, M.D.</i>
<b>10:00 - 11:00 AM</b>	Office Evaluation of Male with Low Testosterone, Erectile Dysfunction, or Peyronie's Disease (1 CME)	<i>William C. Reha, M.D., M.B.A.</i>

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## Registration Form



Registration includes continental breakfast each morning, refreshment breaks, and access to seminars & exhibits. Registration badges will be required for admission to all events. Payment is due with registration form and must be postmarked by listed dates to qualify for the corresponding rate. All workshops are an additional cost to attend. Full payment must accompany registration. Cancellations made in writing before **June 21, 2019** are eligible for a refund, minus a \$50 fee. **No refunds will be granted after June 21.** Substitutions are acceptable. For cancellation, late registration or special dietary requests, please call the VAPA offices at 434-977-3716. **Registration also available online at [www.vapa.org](http://www.vapa.org)**

Please mail completed form and check (**made payable to VAPA**) to: VAPA Summer CME, 250 West Main Street, Suite 100, Charlottesville, VA 22902

*By registering for this VAPA event, you acknowledge and agree to grant Virginia Academy of Physician Assistants the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.*

Name: \_\_\_\_\_

Credentials (for certificate and name badge) \_\_\_\_\_ Specialty \_\_\_\_\_

VAPA ID \_\_\_\_\_ NCCPA ID (required to log CME hours with NCCPA) \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

This will be your user ID and the email we will use for all communication

Registration Type	Before 6/21	After 6/21	On-Site	Total
VAPA Member Registration	\$475	\$525	\$575	_____
Non-Member Registration	\$595	\$645	\$675	_____
Student - Fax or email a copy of a student ID or class schedule to verify full time status. Fax to (434) 979-2439 or email <a href="mailto:devon.possanza@easterassociates.com">devon.possanza@easterassociates.com</a> .	\$60	\$60	\$60	_____
Military/Veteran	\$375	\$425	\$475	_____
Daily	\$195	\$195	\$195	_____
Guest/Spouse	\$275	\$290	\$305	_____
Student (Daily)	\$15	\$15	\$15	_____

Sunday Workshops	Cost	Total
ECG Review Utilizing Clinical Cases: Beyond the Interpretation	\$75	_____
Examination of the Knee	\$75	_____
Introduction to Basic Point of Care Ultrasound	\$75	_____
Wilderness Medicine Top 10	\$75	_____

Tuesday Workshops	Cost	Total
Suturing Techniques for Superficial and Deep Closures	\$75	_____
ECG Review Utilizing Clinical Cases: Beyond the Interpretation	\$75	_____

Wednesday Workshops	Cost	Total
Yoga & Self-Care: Rediscovering the Joy of Practice	\$25	_____
The 4 P's of Orthopedic Splinting	\$75	_____

Extras	Cost	Total
Conference T-Shirt (one free shirt with every paid registration, excluding Daily registrants) Choose a size: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> XL <input type="checkbox"/> XXL	FREE	FREE

Social Events	Cost	Total
Conference Attendee (FREE with registration)	FREE	_____
Spouse of Conference Attendee AND/OR Guest 13+ years of age (price per attendee)	\$10 x _____	_____
Child - 5-12 years of age (price per attendee)	\$5 x _____	_____
Children under 5	FREE	_____

**Total Enclosed**

Will you attend the VAPA Membership Meeting & Lunch on Monday, July 22? ☐ Yes ☐ No

Will you attend the Sangria Reception with Exhibitors on Tuesday, July 23? ☐ Yes ☐ No

How did you learn about the conference?

☐ Brochure ☐ Email ☐ VAPA website ☐ AAPA website ☐ Colleague referral ☐ Other \_\_\_\_\_

