

**REGISTER  
NOW**

Early Bird Deadline  
October 12



# MEDICINE IN THE M metro

**DOUBLETREE MCLEAN TYSONS • MCLEAN, VA  
NOVEMBER 3-4, 2018**

## In support of the Virginia Academy

of Physician Assistants' mission, the focus of the Fall Conference is to provide Physician Assistants, Nurse Practitioners and other providers with current medical information that will reinforce their knowledge base and introduce new concepts and clinical practice skills through a cost-effective, evidence-based, and diverse educational program.

Earn Category 1 CME credits while enjoying the opportunity to network with fellow PAs! Faculty will present their perspectives and provide you with excellent educational updates in their field of expertise. Participants will gain knowledge and practical strategies to provide the highest level of care to their patients.

The meeting registration fee includes Saturday general sessions, access to Saturday exhibits, Saturday continental breakfast, lunch and a drink ticket to the Networking Reception. All Sunday workshops are an additional fee.

This activity has been reviewed and is approved for a maximum of 14.00 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those credits actually spent participating in the CME activity. This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.



**A block of rooms has been reserved at** the DoubleTree McLean Tysons. The group rate is \$89 per night, plus applicable taxes. The group rates are available until October 3, or until the block sells out.

You can make your reservations by calling 1-800-HILTONS and mentioning the VAPA Fall CME Conference.

The DoubleTree McLean Tysons is conveniently located next to the Tyson's Corner Shopping Center, featuring a wide array of stores and restaurants for any shopper or hungry guest. It is also a convenient 7 minute walk to the Tyson's Corner Metro Station.

## AGENDA

### NOVEMBER 3

**7:00-7:30 AM** Breakfast & Registration

**7:30-8:30 AM** The Limping Child: The Good, The Bad and the DO NOT MISS  
*Kelly Crown, PA-C*

**8:30-9:30 AM** Inflammatory Bowel Disease (IBD) in Children  
*Otto Louis-Jacques, MD*

**9:30-10:00 AM** Break With Exhibitors

**10:00-11:00 AM** Avoiding an Unwelcome Invitation: Top Malpractice & Board Issues Facing Physician Assistants  
*Christina Dwyer, J.D.*

**11:00 AM-12:00 PM** Atrial Fibrillation: An Overview and Emerging Treatments  
*Scott Baute, PA-C*

**12:00-1:00 PM** Sponsored Lunch: LONSURF® for the Treatment of Refractory Metastatic Colorectal Cancer (*non-CME, pre-registration required*)  
*Ayodele Ayoola, MD*

**1:00-2:00 PM** From Knowledge to Implementation: Strategies for Increasing Patient's Participation and Success with Behavior Change  
*Sheila Hautbois, PA-C*

**2:00-3:00 PM** Practical Suicide and Violence Risk Assessment  
*Robert Gardella, MD*

**3:00-3:30 PM** Break With Exhibitors

**3:30-4:30 PM** Migraine Headaches  
*Harold Felton, PA-C, DHed*

**4:30-5:30 PM** Pediatric Sickle Cell Disease Emergencies  
*Maggie Connealy, PA-C*

**5:30-6:30 PM** Networking Reception  
  
3<sup>rd</sup> Annual VAPA Student Challenge Bowl  
*Begins at approximately 6:30 PM after the Networking Reception*

### NOVEMBER 4

**7:15 AM** Registration Opens

**7:45-9:45 AM** Workshop: Wilderness Medicine Top 10  
*Randy Howell, DHSc, PA-C*  
An overview of common topics in Wilderness Medicine including environmental emergencies, musculoskeletal injuries, hemorrhage control, HEENT injuries, envenomation, and wound management

**8:00-10:00 AM** Workshop: Suturing - Techniques for Superficial & Deep Closures  
*Sara Nicely, DHed, PA-C*  
Participants will learn how to select appropriate suture materials, understand the need to thoroughly cleanse, explore, and identify deep spaces in wounds, understand and apply superficial closure techniques, and understand and apply deep closure techniques.

**10:00 AM-12:00 PM** Workshop: Introduction to Basic Bedside Ultrasound  
*Shea Dempsey, DMSc, PA-C & Janice Benton, RDMS, AB/OB/GYN*  
This course will introduce ultrasound basics like probe positioning, image formation, and common bedside exams such as eFAST, vascular procedures, cardiac, and gallbladder. This is a hands-on workshop and will involve practicing on each other. Please wear appropriate attire.

## Registration on Saturday includes

continuous refreshment service, lunch, Networking Reception and access to seminars and exhibitors. Full payment must accompany registration. Cancellations must be made in writing before **October 19** for refund consideration. For late cancellation or registration, please call Devon Possanza at 804.643.4433 or email [devon.possanza@easterassociates.com](mailto:devon.possanza@easterassociates.com). To pay by credit card, register online at [vapa.org](http://vapa.org).

All workshops are an additional cost to attend.

Please mail completed form and check (*payable to VAPA*) to:

**VAPA Fall CME**

250 West Main Street, Suite 100

Charlottesville, VA 22902

# REGISTRATION

TYPE	EARLY	AFTER OCT 12	ON SITE	TOTAL
VAPA Member Registration	<b>\$99</b>	<b>\$115</b>	<b>\$120</b>	
Non-Member Registration	<b>\$149</b>	<b>\$165</b>	<b>\$170</b>	
Nurse Practitioner	<b>\$124</b>	<b>\$140</b>	<b>\$150</b>	
Student Registration	<b>\$20</b>	<b>\$20</b>	<b>\$25</b>	

SUNDAY WORKSHOPS	ON SITE	TOTAL
<b>Workshop: Wilderness Medicine Top 10 (7:45 AM - 9:45 AM)</b> An overview of common topics in Wilderness Medicine including environmental emergencies, musculoskeletal injuries, hemorrhage control, HEENT injuries, envenomation, and wound management.	<b>\$75</b>	
<b>Workshop: Suturing - Techniques for Superficial and Deep Closures (8 AM - 10 AM)</b> Participants will learn how to select appropriate suture materials, understand the need to thoroughly cleanse, explore, and identify deep spaces in wounds, understand and apply superficial closure techniques, and understand and apply deep closure techniques.	<b>\$75</b>	
<b>Workshop: Introduction to Basic Bedside Ultrasound (10 AM - 12 PM)</b> This course will introduce ultrasound basics like probe positioning, image formation, and common bedside exams such as eFAST, vascular procedures, cardiac, and gallbladder. This is a hands-on workshop and will involve practicing on each other. Please wear appropriate attire.	<b>\$75</b>	

**TOTAL ENCLOSED:**

I will attend the Saturday night reception.

☐ Yes ☐ No

Do you require vegetarian or gluten-free meals?

☐ Vegetarian ☐ Gluten-Free

How did you learn about the conference?

☐ Brochure ☐ Email ☐ VAPA Website ☐ AAPA Website

☐ Colleague Referral ☐ Other \_\_\_\_\_

**NAME** \_\_\_\_\_

**CREDENTIALS** (*for certificate & name badge*) \_\_\_\_\_

**SPECIALTY** \_\_\_\_\_ **VAPA ID** \_\_\_\_\_

**NCCPA ID** (*required to log CME hours with NCCPA*) \_\_\_\_\_

**Address** \_\_\_\_\_